

BEDROOM SOLUTIONS

- ❖ Pray together. Pray in the Spirit. Invite God's power and presence into your marriage bedroom.
- ❖ Remove the influence of the world and invest in the Word of God.

❖ Be led by the Holy Spirit.

❖ Only have eyes for your spouse.

Song of Solomon 6:3 "I am my lover's and my lover is mine."

❖ "If the grass looks greener on the other side, you need to water and fertilize your own lawn." --- Kim Hawk

❖ "The reason the grass looks greener on the other side is because you can't see the poop from here." — Jimmy Evans

Song of Solomon 8:6-7 (MSG) Hang my locket around your neck, wear my ring on your finger. Love is invincible facing danger and death. Passion laughs at the terrors of hell. The fire of love stops at nothing-- it sweeps everything before it. 7 Flood waters can't drown love, torrents of rain can't put it out. Love can't be bought, love can't be sold-- it's not to be found in the marketplace.

Relationships

LAST A LIFETIME

SUNDAY, JUNE 21, 2015

PART 5: MORE WE-HARMONY

LAST WEEK:

1. We pursue God together and individually.
2. We are committed to grow and change.
3. We know disagreements will always be a part of our relationship.
4. We encourage and value one another.

THIS WEEK:

5. We are _____ in spending _____ together.

TIME SOLUTIONS:

- ❖ Block your calendar for marriage and family time.
- ❖ Establish early bed times for the kids.
- ❖ Your bedroom is your refuge – no kids allowed.
- ❖ Go on at least one date per week.
- ❖ Take one honeymoon per year.
- ❖ Take walks or hikes together.
- ❖ Set time aside each evening to talk, kiss, and cuddle.
- ❖ Find mutual hobbies of interest.
- ❖ Worship and serve together at church. (FREE babysitting!)

6. We are strategic with our _____.

Proverbs 17:16 “Of what use is money in the hand of a fool, since he has no desire to get wisdom?” NIV

FINANCIAL SOLUTIONS

- ❖ Operate on God’s economy. Commit to honor God with your tithes and offerings.
- ❖ Take Financial Peace University and APPLY the principles to your everyday life.
- ❖ Take 30 days and track every single purchase to identify where your money is going.
- ❖ Set a budget TOGETHER and review it monthly when you pay bills.
- ❖ Aggressively attack debt.
- ❖ Live your priorities.

7. We are each self _____ and self _____.

Titus 2:11-12 For the grace of God has appeared that offers salvation to all people. 12 It teaches us to say “No” to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age,

1 Corinthians 9:27 (AMP) But [like a boxer] I buffet my body [handle it roughly, discipline it by hardships] and subdue it, for fear that after proclaiming to others the Gospel *and* things pertaining to it, I myself should become unfit [not stand the test, be unapproved and rejected as a counterfeit].

DISCIPLINE SOLUTIONS

- ❖ Pursue doing everything with excellence.
- ❖ Little habits make the big difference.
- ❖ Exercise at least three times per week.
 - Studies have shown when people start exercising it impacts multiple areas of their life.

- They eat better
- They are more productive at work
- They smoke less
- They show more patience with family and friends
- They use their credit card less frequently
- They have less stress.
- Why? The personal discipline spills over and it makes other good habits easier.

- ❖ Be discreet in what you eat. Tell yourself, “No!” and establish personal boundaries.
- ❖ Clean your house, cars, and garage.
- ❖ Eat family meals together.
 - Studies document that your children will have better homework skills, higher grades, greater emotional control, and more confidence.
- ❖ Create and follow a daily-prioritized-task-list.
- ❖ Daily present your best in your attire, hair, & makeup.

8. We invite _____ into the bedroom.

Proverbs 5:21 A man’s ways are in full view of the Lord, and he examines all his paths.

THREE LEVELS OF INTIMACY:

1. SPIRIT CONNECTION: We must FIRST have a “spirit to spirit” union. It’s an (Agape) Unconditional Love Covenant between a man and woman in marriage before God.
2. SOUL CONNECTION: Our souls (mind, will, emotions) unite and are committed to serve, help, aid, bless, comfort, assist, give, and sacrifice for one another!
3. PHYSICAL CONNECTION: The lowest form of connectivity BUT has the highest level of reaction when it is the expression of the spirit and soul alliance!