



# SEPTEMBER 2018 - Monthly Calendar

## Aquatics Water Fitness Schedule - 20th Avenue YMCA

Schedule subject to change, signs will be posted. For most up to date schedule  
please see the Oshkosh YMCA Mobile App

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>KEY:</b> <b>Family = Family Pool</b> <b>West Comp = Competition Pool Lanes 5, 6, 7, 8</b> <b>East Comp = Competition Pool Lanes 1, 2, 3, 4</b>						<b>1</b>
<b>2</b>	<b>3</b>	<b>4</b> 9a-10a Water Fit. (West Comp)	<b>5</b> 9a-10a Water Fit. (West Comp) 10a-10:45a Arthritis (Family)	<b>6</b> 9a-10a Water Fit. (West Comp) 10a-10:45a Arthritis (Family) 5:30p-6:15p Water Fit. (West Comp)	<b>7</b> 9a-9:45a Water Fit. (West Comp) 10a-10:45a Arthritis (Family)	<b>8</b>
<b>9</b>	<b>10</b> 9a-10a Water Fit. (West Comp) 10a-10:45a Arthritis (Family)	<b>11</b> 9a-10a Water Fit. (West Comp) 5:30p-6:15p Water Fit. (West Comp)	<b>12</b> 9a-10a Water Fit. (West Comp) 10a-10:45a Arthritis (Family)	<b>13</b> 9a-10a Water Fit. (West Comp) 10a-10:45a Arthritis (Family) 5:30p-6:15p Water Fit. (West Comp)	<b>14</b> 9a-9:45a Water Fit. (West Comp) 10a-10:45a Arthritis (Family)	<b>15</b>
<b>16</b>	<b>17</b> 9a-10a Water Fit. (West Comp) 10a-10:45a Arthritis (Family)	<b>18</b> 9a-10a Water Fit. (West Comp) 5:30p-6:15p Water Fit. (West Comp)	<b>19</b> 9a-10a Water Fit. (West Comp) 10a-10:45a Arthritis (Family)	<b>20</b> 9a-10a Water Fit. (West Comp) 10a-10:45a Arthritis (Family) 5:30p-6:15p Water Fit. (West Comp)	<b>21</b> 9a-9:45a Water Fit. (West Comp) 10a-10:45a Arthritis (Family)	<b>22</b>
<b>23</b>	<b>24</b> 9a-10a Water Fit. (West Comp) 10a-10:45a Arthritis (Family)	<b>25</b> 9a-10a Water Fit. (West Comp)	<b>26</b> 9a-10a Water Fit. (West Comp) 10a-10:45a Arthritis (Family)	<b>27</b> 9a-10a Water Fit. (West Comp) 10a-10:45a Arthritis (Family) 5:30p-6:15p Water Fit. (West Comp)	<b>28</b> 9a-9:45a Water Fit. (West Comp) 10a-10:45a Arthritis (Family)	<b>29</b>
<b>30</b>						