



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**Oshkosh Community YMCA  
Downtown Pool Schedule  
FALL 2018  
Water Fitness Classes**

UPDATED Sep 12, 2018

**CLOSURES/CHANGES**

Please regularly check our Mobile App or online calendar for any changes and closures to our pools.

<u>Monday</u>		<u>Tuesday</u>		<u>Wednesday</u>		<u>Thursday</u>		<u>Friday</u>		<u>Saturday</u>
<u>Lap</u>	<u>Family</u>	<u>Lap</u>	<u>Family</u>	<u>Lap</u>	<u>Family</u>	<u>Lap</u>	<u>Family</u>	<u>Lap</u>	<u>Family</u>	<u>Family</u>
9:00 - 9:45 Water Fitness			8:00 - 8:45 Power Current	9:00 - 9:45 Aqua Zumba			8:00 - 8:45 Power Current	9:00 - 9:45 Water Fitness		8:00 - 8:45 Power Current
10:00 - 10:45 Sr Water Fitness		9:00 - 9:45 Water Fitness		10:00 - 10:45 Sr Water Fitness		9:00 - 9:45 Water Fitness		10:00 - 10:45 Sr Water Fitness		9:00 - 9:45 Water Fitness
	11:00 - 11:45 Arthritis Aquatics				11:00 - 11:45 Arthritis Aquatics				11:00 - 11:45 Arthritis Aquatics	
	12:00 - 12:45 Water Fitness				12:00 - 12:45 Aqua Zumba				12:00 - 12:45 Water Fitness	
5:30 - 6:15 Water Fitness				5:30 - 6:15 Water Fitness						

**LAZY RIVER USAGE**  
THE LAZY RIVER IS OPEN  
DURING ALL TIMES  
THE FAMILY POOL IS  
OPEN, EXCEPT  
FOR POWER CURRENT