## 20TH AVENUE - Water Fitness Schedule Monthly Calendar for November 2018



Sunday	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
								1		2		3
							9a-10a		9a-9:45a			
KEY:							Water Fit.		Water Fit.			
Family = Family Pool							(West Comp)		(West Comp)			
West Comp = Competition Pool Lanes 5, 6, 7, 8						10a-10:45a		10a-10:45a				
East Comp = Co	mpetition Pool	Lane	es 1, 2, 3, 4				Arthritis		Arthritis			
							(Family)		(Family)			
							5:30p-6:15p					
							Water Fit.					
	<u> </u>	5		6		7	(West Comp)	8		9		10
•	9a-10a	J	9a-10a	0	9a-10a	•	9a-10a	0	9a-9:45a	3		10
	Water Fit.		Water Fit.		Water Fit.		Water Fit.		Water Fit.			
	(West Comp)		(West Comp)		(West Comp)		(West Comp)		(West Comp)			
	10a-10:45a		5:30p-6:15p		10a-10:45a		10a-10:45a		10a-10:45a			
	Arthritis		Water Fit.		Arthritis		Arthritis		Arthritis			
	(Family)		(West Comp)		(Family)		(Family)		(Family)			
	(i dillily)		(Test comp)		(i dililiy)		5:30p-6:15p		(i uiiiiy)			
							Water Fit.					
							(West Comp)					
1 1		12		13		14	,	15		16		17
	9a-10a		9a-10a		9a-10a		9a-10a		9a-9:45a			
	Water Fit.		Water Fit.		Water Fit.		Water Fit.		Water Fit.			
	(West Comp)		(West Comp)		(West Comp)		(West Comp)		(West Comp)			
	10a-10:45a		5:30p-6:15p		10a-10:45a		10a-10:45a		10a-10:45a			
	Arthritis		Water Fit.		Arthritis		Arthritis		Arthritis			
	(Family)		(West Comp)		(Family)		(Family)		(Family)			
							5:30p-6:15p					
							Water Fit.					
							(West Comp)					
18	3	19		20		21		22		23		24
	9a-10a		9a-10a		9a-10a		9a-10a		9a-9:45a			
	Water Fit.		Water Fit.		Water Fit.		Water Fit.		Water Fit.			
	(West Comp)		(West Comp)		(West Comp)		(West Comp)		(West Comp)			
	10a-10:45a Arthritis		5:30p-6:15p Water Fit.		10a-10:45a Arthritis		10a-10:45a Arthritis		10a-10:45a Arthritis			
	(Family)		(West Comp)		(Family)		(Family)		(Family)			
	(ramily)		(west comp)		(Family)		5:30p-6:15p		(Family)			
							Water Fit.					
							(West Comp)					
25	:	26		27		28		29		30		
	9a-10a		9a-10a		9a-10a		9a-10a		9a-9:45a			
	Water Fit.		Water Fit.		Water Fit.		Water Fit.		Water Fit.			
	(West Comp)		(West Comp)		(West Comp)		(West Comp)		(West Comp)			
	10a-10:45a		, ,		10a-10:45a		10a-10:45a		10a-10:45a			
	Arthritis				Arthritis		Arthritis		Arthritis			
	(Family)				(Family)		(Family)		(Family)			
							5:30p-6:15p					
							Water Fit.					
							(West Comp)					