## 20TH AVENUE - Water Fitness Schedule Monthly Calendar for January 2019



Sunday	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	•		•	1	•	2		3	•	4	•	5
KEY:					9a-10a		9a-10a		9a-9:45a			
Family = Family P	ool				Water Fit.		Water Fit.		Water Fit.			
West Comp = Con	npetition				(West Comp)		(West Comp)		(West Comp)			
Pool Lanes	5, 6, 7, 8				10a-10:45a		10a-10:45a		10a-10:45a			
East Comp = Com	petition				Arthritis		Arthritis		Arthritis			
Pool Lanes	1, 2, 3, 4				(Family)		(Family)		(Family)			
							5:30p-6:15p					
							Water Fit.					
							(West Comp)					
6		7		8		9		10		11		12
	9a-10a		9a-10a		9a-10a		9a-10a		9a-9:45a			
	Water Fit.		Water Fit.		Water Fit.		Water Fit.		Water Fit.			
	(West Comp)		(West Comp)		(West Comp)		(West Comp)		(West Comp)			
	10a-10:45a				10a-10:45a		10a-10:45a		10a-10:45a			
	Arthritis				Arthritis		Arthritis		Arthritis			
	(Family)				(Family)		(Family)		(Family)			
							5:30p-6:15p					
							Water Fit.					
							(West Comp)					
13	1	14		15		16		17		18		19
	9a-10a		9a-10a		9a-10a		9a-10a		9a-9:45a			
	Water Fit.		Water Fit.		Water Fit.		Water Fit.		Water Fit.			
	(West Comp)		(West Comp)		(West Comp)		(West Comp)		(West Comp)			
	10a-10:45a		5:30p-6:15p		10a-10:45a		10a-10:45a		10a-10:45a			
	Arthritis		Water Fit.		Arthritis		Arthritis		Arthritis			
	(Family)		(West Comp)		(Family)		(Family)		(Family)			
	,,		•		, ,		5:30p-6:15p		,			
							Water Fit.					
							(West Comp)					
20		2 1		22		23	· · · · · · · · · · · · · · · · · · ·	24		25		26
	9a-10a		9a-10a		9a-10a		9a-10a		9a-9:45a			
	Water Fit.		Water Fit.		Water Fit.		Water Fit.		Water Fit.			
	(West Comp)		(West Comp)		(West Comp)		(West Comp)		(West Comp)			
	10a-10:45a		•		10a-10:45a		10a-10:45a		10a-10:45a			
	Arthritis				Arthritis		Arthritis		Arthritis			
	(Family)				(Family)		(Family)		(Family)			
	,						5:30p-6:15p					
							Water Fit.					
							(West Comp)					
27	-	28		29		30		31				
	9a-10a		9a-10a		9a-10a		9a-10a					
	Water Fit.		Water Fit.		Water Fit.		Water Fit.					
	(West Comp)		(West Comp)		(West Comp)		(West Comp)					
	10a-10:45a		5:30p-6:15p		10a-10:45a		10a-10:45a					
	Arthritis		Water Fit.		Arthritis		Arthritis					
	(Family)		(West Comp)		(Family)		(Family)					
	, - , - , - , - , - , - , - , - , - , -		. ,		[		5:30p-6:15p					
					1		Water Fit.					
							(West Comp)					