

20TH AVENUE - Water Fitness Schedule

Monthly Calendar for March 2019



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

KEY:

Family = Family Pool

West Comp = Competition Pool Lanes 5, 6, 7, 8

**Tue/Thurs evening class only uses lanes 7 & 8

East Comp = Competition Pool Lanes 1, 2, 3, 4

1
9a-9:45a
Water Fit.
(West Comp)
10a-10:45a
Arthritis
(Family)

2

3 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	4 <u>9a-10a</u> Water Fit. (West Comp) <u>5:30p-6:15p</u> Water Fit. (**West Comp)	5 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	6 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	7 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family) <u>5:30p-6:15p</u> Water Fit. (**West Comp)	8 <u>9a-9:45a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	9
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10 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	11 <u>9a-10a</u> Water Fit. (West Comp) <u>5:30p-6:15p</u> Water Fit. (**West Comp)	12 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	13 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	14 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family) <u>5:30p-6:15p</u> Water Fit. (**West Comp)	15 <u>9a-9:45a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	16
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17 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	18 <u>9a-10a</u> Water Fit. (West Comp) <u>5:30p-6:15p</u> Water Fit. (**West Comp)	19 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	20 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	21 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family) <u>5:30p-6:15p</u> Water Fit. (**West Comp)	22 <u>9a-9:45a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	23
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24 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u>	25 <u>9a-10a</u> Water Fit. (West Comp) <u>5:30p-6:15p</u> Water Fit. (**West Comp)	26 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	27 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	28 <u>9a-10a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family) <u>5:30p-6:15p</u> Water Fit. (**West Comp)	29 <u>9a-9:45a</u> Water Fit. (West Comp) <u>10a-10:45a</u> Arthritis (Family)	30
31 Arthritis (Family)						