



Oshkosh Community YMCA

Downtown Water Fitness Schedule

Monthly Calendar For December 2019

Family Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 11a-11:45a Arthritis Aq 12p-12:45p Water Fit	3 8a-8:45a Power Cur	4 11a-11:45a Arthritis Aq 12p-12:45p Aqua Zumba	5 8a-8:45a Power Cur	6 11a-11:45a Arthritis Aq 12p-12:45p Water Fit	7 8a-8:45a Power Current 9a-9:45a Water Fit
9 11a-11:45a Arthritis Aq 12p-12:45p Water Fit	10 8a-8:45a Power Cur	11 11a-11:45a Arthritis Aq 12p-12:45p Aqua Zumba	12 8a-8:45a Power Cur	13 11a-11:45a Arthritis Aq 12p-12:45p Water Fit	14 8a-8:45a Water Fit 9a-9:45a Water Fit
16 11a-11:45a Arthritis Aq 12p-12:45p Water Fit	17 8a-8:45a Power Cur	18 11a-11:45a Arthritis Aq 12p-12:45p Aqua Zumba	19 8a-8:45a Power Cur	20 11a-11:45a Arthritis Aq 12p-12:45p Water Fit	21 8a-8:45a Water Fit 9a-9:45a Water Fit
23 11a-11:45a Arthritis Aq 12p-12:45p Water Fit	24 8a-8:45a Power Cur	25 YMCA CLOSED HAPPY HOLIDAY	26 8a-8:45a Power Cur	27 11a-11:45a Arthritis Aq 12p-12:45p Water Fit	28 8a-8:45a Power Current 9a-9:45a Water Fit
30 11a-11:45a Arthritis Aq 12p-12:45p Water Fit	31 8a-8:45a Power Cur				

Lap Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 8a-8:45a Aqua Strong 9a-9:45a Water Fit 10a-10:45a Sr Water 5:30p-6:15p Water Fit	3 9a-9:45a Water Fit 5:35p-6:20p Aqua Strong	4 8a-8:45a Aqua Strong 9a-9:45a Aqua Zumba 10a-10:45a Sr Water 5:30p-6:15p Water Fit	5 9a-9:45a Water Fit	6 9a-9:45a Water Fit 10a-10:45a Sr Water Fit	7
9 8a-8:45a Aqua Strong 9a-9:45a Water Fit 10a-10:45a Sr Water 5:30p-6:15p Water Fit	10 9a-9:45a Water Fit 5:35p-6:20p Aqua Strong	11 8a-8:45a Aqua Strong 9a-9:45a Aqua Zumba 10a-10:45a Sr Water 5:30p-6:15p Water Fit	12 9a-9:45a Water Fit	13 9a-9:45a Water Fit 10a-10:45a Sr Water Fit	14
16 8a-8:45a Aqua Strong 9a-9:45a Water Fit 10a-10:45a Sr Water 5:30p-6:15p Water Fit	17 9a-9:45a Water Fit 5:35p-6:20p Aqua Strong	18 8a-8:45a Aqua Strong 9a-9:45a Aqua Zumba 10a-10:45a Sr Water 5:30p-6:15p Water Fit	19 9a-9:45a Water Fit	20 9a-9:45a Water Fit 10a-10:45a Sr Water Fit	21
23 8a-8:45a Aqua Strong 9a-9:45a Water Fit 10a-10:45a Sr Water 5:30p-6:15p Water Fit	24 9a-9:45a Water Fit	25 YMCA CLOSED HAPPY HOLIDAY	26 9a-9:45a Water Fit	27 9a-9:45a Water Fit 10a-10:45a Sr Water Fit	28
30 8a-8:45a Aqua Strong 9a-9:45a Water Fit 10a-10:45a Sr Water 5:30p-6:15p Water Fit	31 9a-9:45a Water Fit				