



## FOR THOSE LIVING WITH ALZHEIMER'S, MCI, OR DEMENTIA

The Oshkosh Y Virtual Memory Café provides a fun, comfortable (virtual) environment where people with early stage memory loss or Alzheimer's Disease, along with their caregiver(s) and support team, can relax and enjoy the company of others – virtually! Each program is different but encourages participants to have fun, learn, and socialize with others who are living in the early stages of dementia. Connect with us to learn about upcoming programs.

1:00–2:00 p.m. | Virtually Through Zoom
Last Monday of each month (December will be held on December 21)
Zoom link will be sent to you once you are registered.

IN PARTNERSHIP WITH:

**OSHKOSH YMCA** 



MEMORY CAFE FUNDING PROVIDED BY:





OSHKOSH COMMUNITY YMCA www.oshkoshymca.org DOWNTOWN 236-3380 324 Washington Ave. 20TH AVENUE 230-8439 3303 W. 20th Ave.