

# 20TH AVENUE Oshkosh Community YMCA - Phillp R. Kuhn Competition Pool 80-\*

## Open Lap Swim for November 2021

(#) indicates number of lanes available

| Sunday                                                                                        | Monday                                                                                                                             | Tuesday                                                                                                                                                    | Wednesday                                                                                                                                                                             | Thursday                                                                                                                                                                              | Friday                                                                                                                                                     | Saturday                                                                                                                           |
|-----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| **Lap Swim is open to swimmers of all ages who can proficiently swim the length of the pool** |                                                                                                                                    |                                                                                                                                                            | 72 Lengths = 1 Mile<br>36 laps = 1 mile                                                                                                                                               |                                                                                                                                                                                       | **Lane availability subject to change due to program changes, private lessons, rentals, events, or other reasons**                                         |                                                                                                                                    |
|               | 1                                                                                                                                  | 2                                                                                                                                                          | 3                                                                                                                                                                                     | 4                                                                                                                                                                                     | 5                                                                                                                                                          | 6                                                                                                                                  |
|                                                                                               | 5:30a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>4p-5:30p Open (1)<br>5:30p-6:30p Open (6)<br>6:30p-8:00p Open (1) | 5:30a-7:15a Open (4)<br>7:15a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>4p-5:30p Open (1)<br>5:30p-6:30p Open (5)<br>6:30p-8:00p Open (1) | 5:30a-9a Open (4)<br>9:00a-10a Open (4)<br>10a-2:30p Open (8)<br>2:30p-3:15p Open (5)<br>3:15p-5:00p Open (8)<br>5:00p-5:30p Open (1)<br>5:30p-6:30p Open (6)<br>6:30p-8:00p Open (1) | 5:30a-7:15a Open (4)<br>7:15a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>4p-5:30p Open (1)<br>5:30p-6:30p Open (6)<br>6:30p-8:00p Open (1)                            | 5:30a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-8p Open (8)                                                                                              | 8:30a-9:15a Open (4)<br>9:15a-11:35a Open (6)<br>11:35a-6:00p Open (8)                                                             |
|                                                                                               | 7                                                                                                                                  | 8                                                                                                                                                          | 9                                                                                                                                                                                     | 10                                                                                                                                                                                    | 11                                                                                                                                                         | 12                                                                                                                                 |
|                                                                                               | 9a-5:00p Open (8)                                                                                                                  | 5:30a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>4p-5:30p Open (1)<br>5:30p-6:30p Open (6)<br>6:30p-8:00p Open (1)                         | 5:30a-7:15a Open (4)<br>7:15a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>4p-5:30p Open (1)<br>5:30p-6:30p Open (5)<br>6:30p-8:00p Open (1)                            | 5:30a-9a Open (4)<br>9:00a-10a Open (4)<br>10a-1:30p Open (8)<br>1:30p-3:15p Open (5)<br>3:15p-5:00p Open (8)<br>5:00p-5:30p Open (1)<br>5:30p-6:30p Open (6)<br>6:30p-8:00p Open (1) | 5:30a-7:15a Open (4)<br>7:15a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>4p-5:30p Open (1)<br>5:30p-6:30p Open (6)<br>6:30p-8:00p Open (1) | 5:30a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>6:30p-8:00p Open (8)                                              |
|                                                                                               | 14                                                                                                                                 | 15                                                                                                                                                         | 16                                                                                                                                                                                    | 17                                                                                                                                                                                    | 18                                                                                                                                                         | 19                                                                                                                                 |
|                                                                                               | 9a-5:00p Open (8)                                                                                                                  | 5:30a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>4p-5:30p Open (1)<br>5:30p-6:30p Open (6)<br>6:30p-8:00p Open (1)                         | 5:30a-7:15a Open (4)<br>7:15a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>4p-5p Open (8)                                                                               | 5:30a-9a Open (4)<br>9:00a-10a Open (4)<br>10a-2:30p Open (8)<br>2:30p-3:15p Open (5)<br>3:15p-5:00p Open (8)<br>5:00p-5:30p Open (1)<br>5:30p-6:30p Open (6)<br>6:30p-8:00p Open (1) | 5:30a-7:15a Open (4)<br>7:15a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>4p-5:30p Open (1)<br>5:30p-6:30p Open (6)<br>6:30p-8:00p Open (1) | 5:30a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-3p Open (8)<br><br>AQUATICS CENTER<br>CLOSED 3p-CLOSE<br>FOR A OSHY SWIM<br>MEET |
| 21                                                                                            | 22                                                                                                                                 | 23                                                                                                                                                         | 24                                                                                                                                                                                    | 25                                                                                                                                                                                    | 26                                                                                                                                                         | 27                                                                                                                                 |
| AQUATICS CENTER<br>CLOSED FOR A<br>OSHY SWIM MEET                                             | 5:30a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>4p-5:30p Open (1)<br>5:30p-6:30p Open (6)<br>6:30p-8:00p Open (1) | 5:30a-7:15a Open (4)<br>7:15a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>4p-5:30p Open (1)<br>5:30p-6:30p Open (5)<br>6:30p-8:00p Open (1) | 5:30a-9a Open (4)<br>9:00a-10a Open (4)<br>10a-2:30p Open (8)<br>2:30p-3:15p Open (5)<br>3:15p-5:30p Open (8)<br>5:30p-6:30p Open (6)<br>6:30p-8:00p Open (1)                         | YMCA CLOSED IN<br>OBSERVANCE OF<br>THANKSGIVING                                                                                                                                       | 5:30a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>6:30p-8:00p Open (8)                                                                      | 8:30a-6p Open (8)                                                                                                                  |
| 28                                                                                            | 29                                                                                                                                 | 30                                                                                                                                                         | Aquatics Center Hours:<br>Monday - Friday 5:30a-8p<br>Saturday 8:30a-6p<br>Sunday 9:00a-5:00p                                                                                         |                                                                                                                                                                                       |                                                                                                                                                            |                                                                                                                                    |
| 9a-5:00p Open (8)                                                                             | 5:30a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>4p-5:30p Open (1)<br>5:30p-6:30p Open (6)<br>6:30p-8:00p Open (1) | 5:30a-7:15a Open (4)<br>7:15a-9:00a Open (8)<br>9:00a-10a Open (4)<br>10a-4p Open (8)<br>4p-5:30p Open (1)<br>5:30p-6:30p Open (5)<br>6:30p-8:00p Open (1) |                                                                                                                                                                                       |                                                                                                                                                                                       |                                                                                                                                                            |                                                                                                                                    |

# 20TH AVENUE Oshkosh Community YMCA - Family Pool 86-\* November 2021

| Sunday                                                                           | Monday                                                                              | Tuesday                           | Wednesday                                                                                              | Thursday                                                                    | Friday                                                                                         | Saturday                                                                       |
|----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-----------------------------------|--------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
|  | <b>1</b><br>5:30a-9:00a Open Swim<br>11:30a-4p Open Swim<br>6:30 - 8:00p Open Swim  | <b>2</b><br>5:30a-8:00p Open Swim | <b>3</b><br>5:30a-9a Open Swim<br>11:30a-4p Open Swim<br>6:30p-8:00p Open Swim                         | <b>4</b><br>5:30a-8:45a Open Swim<br>11a-4p Open Swim<br>7:15-8p Open Swim  | <b>5</b><br>5:30a-8:00p Open Swim<br>Slide 4:30-7:30p                                          | <b>6</b><br>8:30a-9:15a Open Swim<br>11:35a-6:00p Open Swim<br>Slide 12p-3:00p |
| <b>7</b><br>9:00a-5:00p Open Swim                                                | <b>8</b><br>5:30a-9:00a Open Swim<br>11:30a-4p Open Swim<br>6:30 - 8:00p Open Swim  | <b>9</b><br>5:30a-8:00p Open Swim | <b>10</b><br>5:30a-9a Open Swim<br>11:30a-4p Open Swim<br>6:30p-8:00p Open Swim                        | <b>11</b><br>5:30a-8:45a Open Swim<br>11a-4p Open Swim<br>7:15-8p Open Swim | <b>12</b><br>5:30a-8p Open Swim<br>Slide 4:30-7:30p                                            | <b>13</b><br>8:30a-6 Open (8)<br>Slide 12p-3:00p                               |
| <b>14</b><br>9a-5:00p Open Swim                                                  | <b>15</b><br>5:30a-9:00a Open Swim<br>11:30a-4p Open Swim<br>6:30 - 8:00p Open Swim | <b>16</b><br>5:30a-8p Open Swim   | <b>17</b><br>5:30a-9a Open Swim<br>11:30a-4p Open Swim<br>6:30p-8:00p Open Swim                        | <b>18</b><br>5:30a-8:45a Open Swim<br>11a-4p Open Swim<br>7:15-8p Open Swim | <b>19</b><br>5:30a-3p Open Swim<br>AQUATICS CENTER<br>CLOSED 3p-CLOSE FOR<br>AN OSHY SWIM MEET | <b>20</b><br>AQUATICS CENTER<br>CLOSED FOR AN OSHY<br>SWIM MEET                |
| <b>21</b><br>AQUATICS CENTER<br>CLOSED FOR AN OSHY<br>SWIM MEET                  | <b>22</b><br>5:30a-9:00a Open Swim<br>11:30a-8p Open Swim                           | <b>23</b><br>5:30a-8p Open Swim   | <b>24</b><br>5:30a-9a Open Swim<br>11:30a-8p Open Swim                                                 | <b>25</b><br>YMCA CLOSED IN<br>OBSERVANCE OF<br>THANKSGIVING                | <b>26</b><br>5:30a-8p Open Swim<br>Slide 4:30-7:30p                                            | <b>27</b><br>8:30a-6p Open Swim<br>Slide 12p-3:00p                             |
| <b>28</b><br>9a-5:00p Open Swim                                                  | <b>29</b><br>5:30a-9:00a Open Swim<br>11:30a-4p Open Swim<br>6:30 - 8:00p Open Swim | <b>30</b><br>5:30a-8p Open Swim   | <b>**Zero Depth Entry is always available for open swim during aquatic center hours of Operation**</b> |                                                                             |                                                                                                |                                                                                |

## Steam Room, Sauna, and Whirlpool Hours

**Monday - Friday 5:30a - 8:00p**  
**Saturday 8:30a - 6:00p**  
**Sunday 9:00a - 5:00p**

**\*\*Please note the Whirlpool closes every Thursday 12p-3p for routine maintenance\*\***

## Water Fitness Classes

| Sundays | Mondays                                     | Tuesdays                                             | Wednesdays                                        | Thursdays                                                             | Fridays                                              | Saturdays |
|---------|---------------------------------------------|------------------------------------------------------|---------------------------------------------------|-----------------------------------------------------------------------|------------------------------------------------------|-----------|
|         | Water Fitness<br>9:05 - 9:50 AM<br>Lap Pool | Water Fitness<br>9:05 - 9:50 AM<br>Lap Pool          | Water Fitness<br>9:05 - 9:50 AM<br>Lap Pool       | High Intensity<br>Water Fitness<br>8:00 - 8:45 AM<br>Lap Pool         | Water Fitness<br>9:05 - 9:50 AM<br>Lap Pool          |           |
|         |                                             | Arthritis Aquatics<br>10:00 - 10:45 AM<br>Lazy River | Deep Water<br>Dynamics 2:30 -<br>3:15 PM Lap Pool | Water Fitness<br>9:05 - 9:50 AM<br>Lap Pool                           | Arthritis Aquatics<br>10:00 - 10:45 AM<br>Lazy River |           |
|         |                                             | Water Fitness<br>5:35 - 6:20 PM<br>Lap Pool          |                                                   | Arthritis Aquatics<br>10:00 - 10:45 AM<br>Lazy River                  |                                                      |           |
|         |                                             |                                                      |                                                   | Deep Water<br>Dynamics/Water<br>Circuit<br>5:35 - 6:20 PM<br>Lap Pool |                                                      |           |

**\*\*Durring Arthirits Aquatics, Lazy River will be closed**