



# Oshkosh Community YMCA Downtown Family Pool Schedule Monthly Calendar For December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 5a - 8a Open 9a - 4:45p Open 4:45p-6:30p 1/2 Open 6:30p - 8p Open	<b>2</b> 5a - 8p Open	<b>3</b> 8a - 9a Open 10a - 12:30p 1/2 Open 12:30p-4p Open
<b>4</b> YMCA CLOSED	<b>5</b> 5a-9a Open 9a-11a 1/2 Open 1p-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8p Open	<b>6</b> 5a - 11a Open 11:30a - 3p Open 3p - 7:15p 1/2 Open 7:15p-8p Open	<b>7</b> 5a - 11a Open 12p-4:45p Open 4:45p-6:30p 1/2 Open <b>6:30p-7:30p CLOSED</b> 7:30p-8p Open	<b>8</b> 5a - 8a Open 9a - 4:45p Open 4:45p-6:30p 1/2 Open 6:30p - 8p Open	<b>9</b> 5a - 8p Open	<b>10</b> 8a - 9a Open 10a - 12:30p 1/2 Open 12:30p-4p Open
<b>11</b> YMCA CLOSED	<b>12</b> 5a-9a Open 9a-11a 1/2 Open 1p-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8p Open	<b>13</b> 5a - 11a Open 11:30a - 3p Open 3p - 7:15p 1/2 Open 7:15p-8p Open	<b>14</b> 5a - 11a Open 12p-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8p OPEN	<b>15</b> 5a - 8a Open 9a - 4:45p Open 4:45p-6:30p 1/2 Open 6:30p - 8p Open	<b>16</b> 5a - 8p Open	<b>17</b> 8a - 9a Open 10a - 12:30p 1/2 Open 12:30p-4p Open
<b>18</b> YMCA CLOSED	<b>19</b> 5a-11a Open 1p-8p Open	<b>20</b> 5a - 11a Open 11:30a - 8p Open	<b>21</b> 5a - 11a Open 12p-8p Open	<b>22</b> 5a - 8a Open 9a - 8p Open	<b>23</b> 5a - 8p Open	<b>24</b>  <b>YMCA CLOSED HAPPY HOLIDAYS</b>
<b>25</b> YMCA CLOSED	<b>26</b> 5a-11a Open 1p-8p Open	<b>27</b> 5a - 11a Open 11:30a - 8p Open	<b>28</b> 5a - 11a Open 12p-8p Open	<b>29</b> 5a - 8a Open 9a - 8p Open	<b>30</b> 5a - 8p Open	<b>31</b> 8a - 9a Open 10a - 4p Open

**Lazy River:** Available for walking/open swim when the aquatic facility is open, **except for:**

Thursday morning 800a - 900a during Power Current

Wednesday evenings 6:30-7:30pm during Adapted Aquatics Classes (Family Pool **CLOSED**)

The Lazy River Water Spray may be turned on during open swim provided **no** swim lessons or water fitness classes are occurring. Ask a lifeguard if you are interested.

**Sauna, Steam Room, & Hot Tub\*** are open when the aquatic facility is open

\* The hot tub is closed for maintenance Fridays from 1 - 4 PM for a partial drain & fill.

At 4 PM the temperature may be slightly lower than normal until the new, fresh water is heated.



# Oshkosh Community YMCA Downtown Lap Pool Schedule Monthly Calendar For December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 5a - 9a Lap (4) 11a - 11:45a Lap (2) 11:45a-1p Lap (4) 2p-6:30p Lap (4) 6:30p - 7:15p Lap (2) 7:15p-8p Lap (4)	<b>2</b> 5a - 9a Lap (4) 11a - 8p Lap (4)	<b>3</b> 8a - 10a Lap (4) 10a-12:30p Lap (2) 12:30p-4p Lap (4)
<b>4</b> YMCA CLOSED	<b>5</b> 5a - 9a Lap (4) 11a - 4:45p Lap (4) 4:45p-5:30p Lap (3) 6:30p - 7:15p Lap (2) 7:15p-8p Lap (4)	<b>6</b> 5a - 9a Lap (4) 11a - 4:45p Lap (4) 4:45p-5:30p Lap (3) 5:30p-6:30p Lap (2) 6:30p-7:15p Lap (3) 7:15p-8p Lap (4)	<b>7</b> 5a - 9a Lap (4) 11a - 4:45p Lap (4) 4:45p-6:30p Lap (3) 6:30p-8p Lap (4)	<b>8</b> 5a - 9a Lap (4) 11a - 11:45a Lap (2) 11:45a-1p Lap (4) 2p-6:30p Lap (4) 6:30p - 7:15p Lap (2) 7:15p-8p Lap (4)	<b>9</b> 5a - 9a Lap (4) 11a - 8p Lap (4)	<b>10</b> 8a - 10a Lap (4) 10a-12:30p Lap (2) 12:30p-4p Lap (4)
<b>11</b> YMCA CLOSED	<b>12</b> 5a - 9a Lap (4) 11a - 4:45p Lap (4) 4:45p-5:30p Lap (3) 6:30p - 7:15p Lap (2) 7:15p-8p Lap (4)	<b>13</b> 5a - 9a Lap (4) 11a - 4:45p Lap (4) 4:45p-5:30p Lap (3) 5:30p-6:30p Lap (2) 6:30p-7:15p Lap (3) 7:15p-8p Lap (4)	<b>14</b> 5a - 9a Lap (4) 11a - 4:45p Lap (4) 4:45p-6:30p Lap (3) 6:30p-8p Lap (4)	<b>15</b> 5a - 9a Lap (4) 11a - 11:45a Lap (2) 11:45a-1p Lap (4) 2p-6:30p Lap (4) 6:30p - 7:15p Lap (2) 7:15p-8p Lap (4)	<b>16</b> 5a - 9a Lap (4) 11a - 8p Lap (4)	<b>17</b> 8a - 10a Lap (4) 10a-12:30p Lap (2) 12:30p-4p Lap (4)
<b>18</b> YMCA CLOSED	<b>19</b> 5a - 9a Lap (4) 11a - 5:30p Lap (4) 6:30p - 8p Lap (4)	<b>20</b> 5a - 9a Lap (4) 11a - 8p Lap (4)	<b>21</b> 5a - 9a Lap (4) 11a - 8p Lap (4)	<b>22</b> 5a - 9a Lap (4) 11a - 1p Lap (4) 2p - 8p Lap (4)	<b>23</b> 5a - 9a Lap (4) 11a - 8p Lap (4)	<b>24</b> YMCA CLOSED HAPPY HOLIDAYS
<b>25</b> YMCA CLOSED	<b>26</b> 5a - 9a Lap (4) 11a - 5:30p Lap (4) 6:30p - 8p Lap (4)	<b>27</b> 5a - 9a Lap (4) 11a - 8p Lap (4)	<b>28</b> 5a - 9a Lap (4) 11a - 8p Lap (4)	<b>29</b> 5a - 9a Lap (4) 11a - 1p Lap (4) 2p - 8p Lap (4)	<b>30</b> 5a - 9a Lap (4) 11a - 8p Lap (4)	<b>31</b> 8a - 10a Lap (4) 10a-4p Lap (2)

Lap swim is open to swimmers of all ages who can proficiently swim the length of the pool  
Lane availability subject to change due to program changes, private lessons, or other reasons  
Open Swim may take place in Lane 1 at the discretion of the lifeguard staff

## Water Fitness Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Fit 9:05—9:50 AM Lap Area	Water Fit 9:05—9:50 AM Lap Area	Water Fit 9:05—9:50 AM Lap Area	Power Current 8:05-8:50 AM Family Area	Deep Water Fit 9:05—9:50 AM Lap Area	Water Fit 9:00 - 9:45a Family Area
Senior Water Fit 10:05—10:50 AM Lap Area	Strength & Stretch 10:05 - 10:55 AM Lap Area	Senior Water Fit 10:05—10:50 AM Lap Area	Water Fit 9:05—9:50 AM Lap Area	Senior Water Fit 10:05—10:50 AM Lap Area	
Arthritis Aquatics 11:00—11:45 AM Family Area	11:00 - 11:20 AM Family Area	Arthritis Aquatics 11:00—11:45 AM Family Area	Deep Water Fit 10:05—10:50 AM Lap Area		
AquaZumba 12:10 - 12:50 PM Family Area		Strength & Stretch 12:10 - 12:50 Family Area ***	AquaZumba 1:05 - 1:50 PM Lap Area		
Water Fit 5:35—6:20 PM Lap Area					

\*\*\* Wed Noon Strength & Stretch  
Skips the 2nd Wed of each month