



(#) shows the amount of lanes available

LAP POOL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim is open to swimmers of all ages who can proficiently swim the length of the pool	72 Lengths = 1 Mile 36 Laps = 1 mile	AQUATICS CENTER HOURS Monday - Friday 5:30a-8p Saturdays and Sundays 8a-6p	1 5:30a-9a Lap (8) 9a-10a Lap (3) 10a-4:30p Lap (8) 4:30p-5:45p Lap (3) 5:45p-6:30p Lap (7) 6:30p-7p Lap (2)	2 5:30a-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-4:30p Lap (8) 4:30p-5:40p Lap (3) 5:45p-6:30p Lap (4) 6:30p-7p Lap (2)	3 5:30a-9:00a Lap (8) 9:00a-10a Lap (4) 10a-4:15p Lap (8) 6:30p-8p Lap (8)	4 8:00a-9:15a Lap (2) 9:15a-10a Lap (8) 10a-11:45a Lap (6) 11:45a-6p Lap (8)
5 8:00a-6p Lap (8)	6 5:30a-9:00a Lap (8) 9:00a-10a Lap (4) 10a-4:30p Lap (8) 4:30p-5:45p Lap (3) 5:45p-6:30p Lap (5) 6:30p-7p Lap (1)	7 5:30a-7:15a Lap (4) 7:15a-9:00a Lap (8) 9:00a-11a Lap (4) 11a-4:30p Lap (8) 4:30p-5:30p Lap (3) 5:45p-6:30p Lap (6) 6:30p-7p Lap (2)	8 5:30a-9a Lap (8) 9a-10a Lap (3) 10a-4:30p Lap (8) 4:30p-5:45p Lap (3) 5:45p-6:30p Lap (7) 6:30p-7p Lap (2)	9 5:30a-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-4:30p Lap (8) 4:30p-5:40p Lap (3) 5:45p-6:30p Lap (4) 6:30p-7p Lap (2)	10 5:30a-9:00a Lap (8) 9:00a-10a Lap (4) 10a-4:15p Lap (8) 6:30p-8p Lap (8)	11 8:00a-9:15a Lap (2) 9:15a-10a Lap (8) 10a-11:45a Lap (6) 11:45a-5p Lap (8) Community Night 5p-7p
12 8:00a-11:30a Lap (8) AQUATICS CENTER CLOSED 11:30a-6p for SPECIAL OLYMPICS SWIM MEET	13 5:30a-9:00a Lap (8) 9:00a-10a Lap (4) 10a-4:30p Lap (8) 4:30p-5:45p Lap (3) 5:45p-6:30p Lap (5) 6:30p-7p Lap (1)	14 5:30a-7:15a Lap (4) 7:15a-9:00a Lap (8) 9:00a-11a Lap (4) 11a-4:30p Lap (8) 4:30p-5:30p Lap (3) 5:45p-6:30p Lap (6) 6:30p-7p Lap (2)	15 5:30a-9a Lap (8) 9a-10a Lap (3) 10a-4:30p Lap (8) 4:30p-5:45p Lap (3) 5:45p-6:30p Lap (7) 6:30p-7p Lap (2)	16 5:30a-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-4:30p Lap (8) 4:30p-5:40p Lap (3) 5:45p-6:30p Lap (4) 6:30p-7p Lap (2)	17 5:30a-9:00a Lap (8) 9:00a-10a Lap (4) 10a-8p Lap (8)	18 8a-10a Lap (8) 10a-11:45a Lap (6) 11:45a-6p Lap (8)
19 8:00a-6p Lap (8)	20 5:30a-9:00a Lap (8) 9:00a-10a Lap (4) 10a-4:30p Lap (8) 4:30p-5:45p Lap (4) 5:45p-6:30p Lap (7) 6:30p-7p Lap (2) Lifeguard Course 9a-5p 2 lanes may be used during this time	21 5:30a-7:15a Lap (4) 7:15a-9:00a Lap (8) 9:00a-11a Lap (4) 11a-4:30p Lap (8) 4:30p-5:30p Lap (3) 5:45p-6:30p Lap (6) 6:30p-7p Lap (2) Lifeguard Course 9a-5p 2 lanes may be used during this time	22 5:30a-9a Lap (8) 9a-10a Lap (3) 10a-10:30a Lap (7) 10:30a-4:30p Lap (8) 4:30-5:45p Lap (4) 5:45p-6:30p Lap (8) 6:30p-7p Lap (2) Lifeguard Course 9a-5p 2 lanes may be used during this time	23 5:30a-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-4:30p Lap (8) 4:30p-5:40p Lap (3) 5:45p-6:30p Lap (4) 6:30p-7p Lap (2)	24 5:30a-9:00a Lap (8) 9:00a-10a Lap (4) 10a-2p Lap (8) 2p-3p Lap (6) 3p-4:15p Lap (8) 6:30p-8p Lap (8) Lifeguard Course 4p-9p 2 lanes may be used During this time	25 8:00a-9:15a Lap (2) 9:15a-6p Lap (8) Lifeguard Course 9a-6p 2 lanes may be used During this time
26 8:00a-6p Lap (8) Lifeguard Course 9a-6p 2 lanes may be used During this time	27 5:30a-9:00a Lap (8) 9:00a-10a Lap (4) 10a-4:30p Lap (8) 4:30p-5:45p Lap (3) 5:45p-6:30p Lap (5) 6:30p-7p Lap (1)	28 5:30a-7:15a Lap (4) 7:15a-9:00a Lap (8) 9:00a-11a Lap (4) 11a-4:30p Lap (8) 4:30p-5:30p Lap (3) 5:45p-6:30p Lap (6) 6:30p-7p Lap (2)	29 5:30a-9a Lap (8) 9a-10a Lap (3) 10a-4:30p Lap (8) 4:30p-5:45p Lap (3) 5:45p-6:30p Lap (7) 6:30p-7p Lap (2)	30 5:30a-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-4:30p Lap (8) 4:30p-5:40p Lap (3) 5:45p-6:30p Lap (4) 6:30p-7p Lap (2)	31 5:30a-9:00a Lap (8) 9:00a-10a Lap (4) 10a-4:15p Lap (8) 6:30p-8p Lap (8)	



Oshkosh Community YMCA

20th Ave Family Pool Schedule

Monthly Calendar for March 2023

WATER FITNESS SCHEDULE

Sundays	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
**During Arthritis Aquatics, Lazy River will be closed	Water Fitness 9:05-9:50 AM Lap Pool	Water Fitness 9:05-9:50 AM Lap Pool	Water Fitness 9:05-9:50 AM Lap Pool	High Intensity Water Fitness 8:00 - 8:45 AM Lap Pool	Water Fitness 9:05-9:50 AM Lap Pool	
	Arthritis Aquatics 10:00-10:45 AM Lazy River/Slide	Aqua Zumba 10:05a-10:50a Lap Pool	Arthritis Aquatics 10:00-10:45 AM Lazy River/Slide	Water Fitness 9:05-9:50 AM Lap Pool	Arthritis Aquatics 10:00-10:45 AM Lazy River/Slide	
		Water Fitness 5:35-6:20 PM Lap Pool				

FAMILY POOL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Aquatic Center, Steam Room, Sauna, & Whirlpool Hours</u> Monday-Friday 5:30a-8:00p Saturday & Sunday 8:00a-6p	Gadgets may be turned on upon request but are NOT available during programming			**The Whirlpool closes every Thursday 12p-3p for routine maintenance**		
1/2 Open is when YMCA Swim Lessons are occurring. We want to ensure a safe, and fun experience to everyone during this busy time. During these times the lazy river and the zero depth entry will be ONLY available for use. Water Gadgets, and other areas of the family pool will be unavailable.			1 5:30a-2:30p Open 2:30p-3:30p Splish Splash 3:30p-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8p Open	2 5:30a-8p Open 4:45p-6:30p 1/2 Open	3 5:30a-10:30a Open 10:30a-11:30a Splish Splash 11:30p-8p Open Slide 4:30p-7p	4 8:00a-9a Open 9a-11:45a 1/2 Open 11:45a-6p Open Slide 12p-3p
5 8:00a-6p Open	6 5:30a-8p Open 4:40p-7p 1/2 Open	7 5:30a-8p Open	8 5:30a-2:30p Open 2:30p-3:30p Splish Splash 3:30p-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8p Open	9 5:30a-4:30p Open 4:30p-6:30p 1/2 Open 6:30p-8p Open	10 5:30a-10:30a Open 10:30a-11:30a Splish Splash 11:30p-8p Open Slide 4:30p-7p	11 8:00a-9a Open 9a-11:45a 1/2 Open 11:45a-5p Open Slide 12p-3p Community Night 5p-7p
12 8:00a-11:30a Open 11:30a-6p AQUATICS CENTER CLOSED FOR SPECIAL OLYMPICS SWIM MEET	13 5:30a-4:40p Open 4:40p-7p 1/2 Open 7p-8p Open	14 5:30a-8p Open	15 5:30a-2:30p Open 2:30p-3:30p Splish Splash 3:30p-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8p Open	16 5:30a-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8p Open	17 5:30a-10:30a Open 10:30a-11:30a Splish Splash 11:30p-8p Open Slide 4:30p-7p	18 8:00a-9a Open 9a-11:45a 1/2 Open 11:45a-6p Open Slide 12p-3p
19 8:00a-6p Open	20 5:30a-8p Open	21 5:30a-8p Open	22 5:30a-8p Open	23 5:30a-8p Open	24 5:30a-8p Open Slide 4:30p-7p	25 8:00a-6p Open Slide 12p-3p
26 8:00a-6p Open	27 5:30a-4:40p Open 4:40p-7p 1/2 Open 7p-8p Open	28 5:30a-8p Open	29 5:30a-2:30p Open 2:30p-3:30p Splish Splash 3:30p-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8p Open	30 5:30a-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8p Open	31 5:30a-10:30a Open 10:30a-11:30a Splish Splash 11:30p-8p Open Slide 4:30p-7p	