



Oshkosh Community YMCA Downtown Family Pool Schedule

Monthly Calendar For October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 12p - 4:30p Open	2 5a - 11a Open 1p - 2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 8:30p Open	3 5a - 11a Open 11:30a - 2:45p Open 2:45p - 7:15p 1/2 Open 7:15p - 8:30p Open	4 5a - 11a Open 1:00p - 8:30p Open 2:45p - 5:30p 1/2 Open 5:30p - 6:30p Open 7:30p - 8:30p Open	5 5a - 8a Open 9a - 2:45p Open 2:45p - 7:10p 1/2 Open 7:10p - 8:30p Open	6 5a - 8:30p Open	7 9a - 12:10p 1/2 Open 12:10p - 4:30p Open
8 12p - 4:30p Open	9 5a - 11a Open 1p - 2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 8:30p Open	10 5a - 11a Open 11:30a - 2:45p Open 2:45p - 7:15p 1/2 Open 7:15p - 8:30p Open	11 5a - 11a Open 1:00p - 8:30p Open 2:45p - 5:30p 1/2 Open 5:30p - 6:30p Open 7:30p - 8:30p Open	12 5a - 8a Open 9a - 2:45p Open 2:45p - 7:10p 1/2 Open 7:10p - 8:30p Open	13 5a - 8:30p Open	14 9a - 12:10p 1/2 Open 12:10p - 4:30p Open
15 12p - 4:30p Open	16 5a - 11a Open 1p - 2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 8:30p Open	17 5a - 11a Open 11:30a - 2:45p Open 2:45p - 7:15p 1/2 Open 7:15p - 8:30p Open	18 5a - 11a Open 1:00p - 2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 6:30p Open 7:30p - 8:30p Open	19 5a - 8a Open 9a - 2:45p Open 2:45p - 7:10p 1/2 Open 7:10p - 8:30p Open	20 5a - 8:30p Open	21 9a - 12:10p 1/2 Open 12:10p - 4:30p Open
22 12p - 4:30p Open	23 5a - 11a Open 2p - 5:30p 1/2 Open 5:30p - 8:30p Open	24 5a - 11a Open 11:30a - 2:45p Open 2:45p - 7:15p 1/2 Open 7:15p - 8:30p Open	25 5a - 11a Open 2p - 5:30p 1/2 Open 5:30p - 8:30p Open	26 5a - 8a Open 9a - 2:45p Open 2:45p - 7:10p 1/2 Open 7:10p - 8:30p Open	27 5a - 8:30p Open	28 9a - 4:30p Open
29 12p - 4:30p Open	30 5a - 11a Open 1p - 2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 8:30p Open	31 5a - 11a Open 11:30a - 2:45p Open 2:45p - 7:15p 1/2 Open 7:15p - 8:30p Open				

Lazy River: Available for walking/open swim when the aquatic facility is open, **except for:**

Thursday morning 800a - 900a during Power Current

The Lazy River Water Spray may be turned on during open swim provided **no** swim lessons or water fitness classes are occurring. Ask a lifeguard if you are interested.

Sauna, Steam Room, & Hot Tub* are open when the aquatic facility is open

* The hot tub is closed for maintenance Fridays from 1 - 4 PM for a partial drain & fill.

At 4 PM the temperature may be slightly lower than normal until the new, fresh water is heated.



Oshkosh Community YMCA Downtown Lap Pool Schedule

Monthly Calendar For October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 12p - 4:30p Lap (3)	2 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)	3 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)	4 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 5:30p Lap (2) 7:30p - 8:30p (Lap 2)	5 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)	6 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)	7 8a - 9a Lap (3) 9a - 4:30p Lap (2)
8 12p - 4:30p Lap (3)	9 5a - 9a Lap (4) 11a - 2p Lap (4) 2p - 5:30p Lap (2) 6:30p - 8:30p Lap (2)	10 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)	11 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 5:30p Lap (2) 7:30p - 8:30p (Lap 2)	12 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)	13 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)	14 8a - 9a Lap (3) 9a - 4:30p Lap (2)
15 12p - 4:30p Lap (3)	16 5a - 9a Lap (4) 11a - 2p Lap (4) 2p - 5:30p Lap (2) 6:30p - 8:30p Lap (2)	17 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)	18 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 5:30p Lap (2) 7:30p - 8:30p (Lap 2)	19 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)	20 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)	21 8a - 9a Lap (3) 9a - 4:30p Lap (2)
22 12p - 4:30p Lap (3)	23 5a - 9a Lap (4) 2p - 5:30p Lap (2) 6:30p - 8:30p Lap (2)	24 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)	25 5a - 9a Lap (4) 2p - 5:30p Lap (2) 6:30p - 8:30p Lap (2)	26 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)	27 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)	28 8a - 9a Lap (3) 9a - 4:30p Lap (2)
29 12p - 4:30p Lap (3)	30 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 5:30p Lap (2) 6:30p - 8:30p Lap (2)	31 5a - 9a Lap (4) 11a - 2p Lap (3) 2p - 8:30p Lap (2)				

Lap swim is open to swimmers of all ages who can proficiently swim the length of the pool

Lane availability subject to change due to program changes, private lessons, or other reasons. **Please share lanes!**

Open Swim may take place in Lane 1 at the discretion of the lifeguard staff **and** at designated times

Water Fitness Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Fit 9:05 - 9:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Power Current 8:05 - 8:50 AM Family Area	Deep Water Fit 9:05 - 9:50 AM Lap Area	Water Fit 8:05 - 8:50a Family Area
Senior Water Fit 10:05 - 10:50 AM Lap Area	Strength & Stretch 10:05 - 10:55 AM Lap Area	Senior Water Fit 10:05 - 10:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Senior Water Fit 10:05 - 10:50 AM Lap Area	
Arthritis Aquatics 11:00 - 11:45 AM Family Area	11:00 - 11:20 AM Family Area	Arthritis Aquatics 11:00 - 11:45 AM Family Area	Deep Water Fit 10:05 - 10:50 AM Lap Area		
AquaZumba 12:10 - 12:50 PM Family Area		Strength & Stretch 12:10 - 12:50 Family Area			
Water Fit 5:35 - 6:20 PM Lap Area		Water Fit 5:35 - 6:20 PM Lap Area			