The Messenger

# **Moment's Reflection**

Down at the therapy center where I'm rehabilitating my shoulder from May's surgery, I've picked up a few catch phrases that seem to apply to the deeper matters of spirituality. Let me explain.



**External rotation.** According to my physical therapist, it's almost always harder to stretch out than to draw in. Churches are like this, too. Easier to draw in than to stretch out.

July 1, 2015

**Guarding.** This is the body's unconscious, pre-emptive reaction to expected pain. As a pastor, I'm convinced that life's sorrows can teach us wrong lessons. Sometimes we need to embrace the future instead of rehearsing the pain of some distant past. Our "guarding" may no longer serve a need.

**Neuro-muscular re-training.** Turns out I've been using some of my shoulder muscles in unhealthy ways. I have to learn new patterns of movement. Sometimes we need to re-train the ways we see life.

**Reasonable pain.** Some pain is inevitable, but only in reasonable moderation. I sometimes meet Christians who seem to have a self-destructive notion of being a Christian disciple. Life doesn't always have to hurt.

**Joint Mobilization**. My therapist helps me move my arm in ways I can't yet do on my own. Like the paralytic in Mark 2, I need help to heal. I don't always appreciate what he does, but sometimes I need to be challenged to move in ways I don't think are possible. **–Dan** 



### July 12th, 10:15am in the Sanctuary

The Activity Building Task Force has completed their work and would like to share their conclusions with the congregation on Sunday, July 12 at 10:15 AM. We highly encourage the church to attend this informal question and answer format so that all may understand the process the task force employed and the reasoning behind their conclusions.

Representatives from the task force will be available to answer any/all questions by the congregation at this meeting. If for some reason you are not able to attend the meeting on Sunday, you are also invited to attend the Board meeting on July 13, 2015 at 7:30 PM as an alternative date where the process will once again be explained and a vote taken on the recommended action.

# SNEAKER SUNDAY July 19th

The big day approaches, and it's time to start buying children's shoes, socks and underwear for **Sneaker Sunday!** Every summer, members pool their resources in a light-hearted competition to see who can collect the most shoes, socks and underwear for donation to local charities. Sunday school classes from young adult down are asked to collect socks and underwear, and all adult classes are asked to collect sneakers. There will



be one winner for each section. Please have all items in your classrooms prior to worship on July19th. Adults and children all over Garland are in need of safe, comfortable walking shoes, especially as the new school year approaches - AND YOU CAN HELP. Even a single pair of socks can help to ease the burden of these families in need. The winning Sunday school class from each section will be rewarded with a breakfast to die for. Happy shopping!

## FCCG Youth Mission Trip | Youth Out to Change the World

## Follow Our Youth During Mission Trip

Our Youth are on **Mission Trip** this week! If you want to follow their activities, be sure to Check their blog for notes and pictures!

https://fccgarlandmissiontrip.wordpress.com/







This October, we are going to grow our Fall Festival in exciting ways! With the support of the Executive Committee, Fall Festival is no longer going to be a youth fundraiser. The youth are investigating a new and exciting way to raise funds which you will hear more about in August.

**Fall Festival** So what is the Fall Festival going to look like now? Glad you asked! Pastors Casey and Allison have formed a small group to help figure that out. We met in May to start brainstorming ideas such as adding a Trunk-or-Treat, a photo booth, maybe two bounce houses, games and more! It is our hope that this becomes a fun-filled community event. In

the past, our community outreach has been limited because we are one of the few churches that charged for our Fall Festival. With your help, we hope to be able to run this event with a block party type atmosphere that makes our neighbors and friends feel welcome.

As we get closer to Fall, you will hear more about our updated Fall Festival from committee members. They will stop by your Sunday School classes to share information and ways you can help make this a success.

Emily Henderson, Sarah Gibson, Renee Godwin, Cara Prestenberg, Shay Houston, JuJu Houston, and Pastors Allison and Casey



## **Vacation Bible School**

July 26th -July 30th, 5:00pm-8:15pm daily For children age 4 through 5th grade.

Register online at www.fccgarland.org

### VBS WORKSHOPS We Need Your Help!

Assistance needed for VBS preparation—set and prop making, decorations. No special training/skills required. Come share your time and talent. Workshops scheduled from 6:30pm-8:30pm in the Activity Center on the following dates:

July 1st July 8th (childcare available) July 12th (childcare available);

July 15th July 19th July 22nd (childcare available)

# **VBS DONATIONS NEEDED**

The following items are needed for VBS props. A collection box is in the Fellowship Hall. Our deadline is July 19th.

6 empty Kleenex boxes 40 ping pong balls 16 uninflated balloons 1 beach ball 2 rolls of toilet paper

- 4 small foam balls
- 1 funnel
- 1 empty water bottle
- 2 tall Cylinders
- 1 dishwashing liquid
- 1 roll paper towels

### These items will be borrowed and returned:

large Clear Container (aquarium, plastic bin, etc.)
mousetraps
Bowling ball
small Inflatable wading pool
leaf blower



# THANKS TO THE CHOIR

Thanks to all of you for such a wonderful, memorable and exciting musical year! We had a season that our congregation will remember for a long time. Your dedication, talent and faithful attendance was greatly appreciated.

A special thanks to:

from

the

Sheri Dacon for her beautiful offertories and for being our amazing accompanist! Her talents and her dedication make us all look better.

- John Grasham and Ray Owens for filling in for me when I have had to be gone. You both led the choir and hymns so our service continued seamlessly.
- Judy Grasham for being such an outstanding "substitute accompanist" when Sheri had to be gone.
- Eric Dacon who guided us through our first year of incorporating more contemporary songs in our traditional worship service.
- Debbie Youngkin for being our faithful, flexible and hard working organist.
- David Dodd for being such a strong supporter in getting the Joseph Martin/Rusk Event launched in such an amazing way.
- Dan Jones for being such a strong encourager to the music ministry at FCC-Garland.
- Jeff Holcomb for his help with sound for the Joseph Martin service and our annual Christmas presentation.
- John Grasham for his help with the DVD/CD with our Christmas work and for his weekly powerpoint presentations.
- Brenda Keel in the office for her help with our announcements and doing such a wonderful job on the Joseph Martin program.
- To Martha Williams and Jeanne Dunn for their help with keeping our robes in such good shape.

To all those who will be providing special music this summer in our morning worship service.

We have an exciting year ahead of us! Happy summer!

-Stan



# **Come Ring With Us!**

Saturday, July 18th, 10am-Noon

If you have ever considered ringing in the bell choir, now is the time! Come and join us for a fun **2-hour workshop** on Saturday, July 18th at 10am – noon with lunch to follow. You will learn how to ring a bell, how to spot your notes in the music, and what it means when the ringer thumps the bell on the table! If you find that you have a knack for it, one of our bell choir members will spend some time with you this summer so that you are ready to rock those bells in September when the Fall session starts. If interested please sign up in the Fellowship Hall so we set a place at the bell table for you. Come one, come all, and let's ring those bells!

### **DONATIONS ARE NEEDED!**

**Good Samaritans** is in dire need of food and toiletries for the homeless population of Garland. Many of them lost everything with all the recent rain/flooding and the stock at Good Samaritan is running extremely low (or is gone).

### **Primary Donations Needed:**

Protein/Energy Bars Canned Protein (tuna, spam, vienna sausage, etc.) Pop-top Canned Meals (ravioli, soup, etc.) Fruit Cups Socks Underwear Washcloths Deodorant Travel Size Toiletries Mosquito Spray



#### Families & Professionals / Youth MOVIE NIGHTS - in Christianity 101

July 8th, 7:00pm — *Tangled* August 5th — *The Lego Movie* 



Families & Professionals / Youth Frisco Rough Riders Event

Sunday, July 5th, 6:05pm First Pitch Meet at Church at 4:45pm to carpool



# XXXXXXXXXXXX



### Disciples Women's Summer Fun Night!

Wednesday, July 8th, 6:30pm-8:00pm Bring your favorite snack/finger food/ dessert! Plan to come and bring a friend!

If childcare is needed, please notify Cindy Kyle by July 5th.

CHANCEL CHOIR

Chancel Choir rehearsals will begin Wednesday, September 9th at 7pm. If you are interested in joining, email Stan McGill at Stan.mcgill1@gmail.com





### Staff Schedules

**Ray Owens** is on vacation through Sunday, July 5. Please contact Dan or another staff member with all pastoral needs while Ray is on vacation.

Dan Jones will be on vacation Monday, July 6 through Sunday, July 19, returning to the office Monday, July 20. Please contact Ray or another staff member with all pastoral needs while Dan is on vacation.

**Allison Ray** is on the Mission Trip this week in OKC. She will return Saturday, July 4. She will be attending the General Assembly of the Christian Church in Columbus, OH July 18-22.

Casey Tanguay began an 8-week maternity leave on June 12 and will not resume a regular work schedule until August 9.

Brenda Keel. Office Admin. will be on vacation July 7-14; Leslee Madrid will be filling in for Brenda.



DIG Fashioned Cake & Punch Reception

Sunday, July 12th, 2pm-4pm in Fellowship Hall

Celebrating the marriage of John Roy & Krista Tomlinson, John & Krista were married on June 26th.

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