

July Calendar of Events . . .

- 1 S. A. Taylor, 105th Birthday
- 4 4th of July Holiday, Office Closed
- 15 North Texas District Ushers, Greeters, Nurses, Safety meeting, Mt Pleasant Baptist Church, Midlothian, 10 am
- 16 Federated Male Chorus, 3 pm, at Mt. Horum
- 17-21 Vacation Bible School, 6:30 pm
- 21 Food Pantry, Como Community Center
- 24-27 State Congress of Christian Workers

Denominational Work . . .

State Congress of Christian Workers

July 24-27

Host Church: New Mt. Zion Baptist Church,

9550 Shepherd Rd, Dallas, TX
Rev. Tommy L Brown, Pastor

Meetings held at New Mt. Zion Baptist Ch

General Assembly

Brotherhood

Joint Women's Meeting

Ministers Wives

Meetings held at First Baptist Hamilton Park, 300 Phillips St., Richardson

Drill Teams, Praise Dancers

Meetings held at Hamilton Park United Methodist Church, 11881 Schroeder Rd, Dallas

Youth

Meetings held at Greater Cornerstone Baptist Church, 8359 Forest Lane

Ushers, Greeters, Nurse

July-Youth for Christ Month at PMG!

Please join us at any of the following events this month to encourage our children and youth to live their life for Christ!

- **July 3rd at 6:30p** - Age 13 and up are asked to join us in decorating the church float.
- **July 4th at 8:15a** - All children and youth are asked to participate in the Annual Como Day Parade. Meet at the church at 8:15a
- **July 14-15 from 8:00p-8:00a** - Children and Youth Lock-In. All participants must register via the Remind app. Please see Sis. Eva Williams for more information.
- **Children and Youth Sunday school drawing** has been extended until July 25th! Criteria to be entered into the drawing has been communicated through the **Remind app**.
- **Want to stay in the loop** of all things related to PMG Children and Youth?
Text @[pmsgmbcfw](https://www.remind.com) to 81010 or 424-277-2357 to get on the messaging list.



Como Community Activities

Como Community Reunion Vesper Service,
Sunday, July 2, Strangers Rest, 3:30 pm

Como Parade—Tuesday, July 4, 10:00 am

From the Healing Wings Ministry . . .

Eating is one of life's greatest pleasures. The taste, smell, the texture, how it makes us feel, can be a great source of satisfaction for us all. However, this very thing that is so pleasurable can be a danger to us if not kept in its proper place. We can enjoy food but the primary job for food is to nourish our bodies. When we don't have the right balance of foods and don't have adequate exercise we end up with "obesity". Obesity is more common in African Americans than other ethnic groups. According to the CDC of Vital Health Statistics, 60.1% of African-American males are overweight and 78% of Black women lead the population in obesity and being moderately overweight. Diet is the most obvious culprit. A sedentary lifestyle multiplies the diet problem.

- There are 112,000 deaths related to obesity each year in the United States.
- Overweight and obesity-related conditions are the second leading cause of preventable deaths
- Obese children are twice more likely to die before the age of 55 than their thinner counterparts
- More chronic conditions are related to obesity than smoking, drinking or poverty: Sleep apnea, Stroke, Liver and gallbladder disease, Hypertension, Osteoarthritis, Coronary heart disease, Respiratory problems, Type 2 diabetes and Endometrial and colon cancers

The Healing Wings Health Ministry will be launching a "Biggest Loser" contest. A booklet will be provided including exercises, sample recipes, and other helpful information to facilitate a journey of continued health and well-being for our congregation. Prizes will be awarded for the biggest losers.

If you are interested in participating, please contact *Frances Spencer or Maxine Spencer.*

VBS ... July 17-21

Theme: "I've Got Talent"

Join Us at 6:30 pm—Monday—Friday

Children—Youth— Adults



The Grief Ministry will host an informative meeting

Saturday, *August 5, 2017* at 11:15 am, in the Sanctuary.

We welcome our PMG Church Family to attend. You will be truly blessed.

Our mission is to let you know you are not alone in this walk.

Give us an opportunity to reach out to you, we are here for you.

Ministry Leader: Sis. Shonette Curtis-Hill.

Opportunities to Serve

- Monday**
10:00 am Keenagers Bible Study
- Tuesday**
6:30 pm Healing Wings (1st)
6:30 pm Ushers & Greeters (2nd)
7:30 pm Resurrection 3
- Wednesday**
6:30 pm Family Bible Study
7:45 pm Worship Ministry Rehearsal
- Friday**
10:00 am Keenagers Bible Study
- Saturday**
10:00 am Brotherhood (1st & 2nd)
10:00 am Women's Ministry (1st & 3rd)
- 10:00 am Virtue Dance Practice
11:00 am Deacons (1st)

July Birthday's . . .



- S. A. Taylor – 1
Jarreau James -2
Kim Marshall – 3
Josephine Bright – 5
Trey Colbert – 8
Juanita Spencer-Cole 8
Sharon Sterling -10
Rhonda Harper-10
Vivian Owens – 14
Carol Pierre - 14
Frederick Lyons – 15
Sophia Walker - 15
Ronnie Mutcherson - 17
William Lightner – 21
Jayla Frazier-22
Ruthie Dalcour – 23
Vanessa Williams – 23
Joan Johnson – 26
Robert Harper – 27
Patsy Douglas - 29
Tiffany Levels – 30
Rayvon Sanders - 30
Doris Burks – 31

**Sick & Shut-in
Prayer List**

- Sis. Melvis Anderson
Deacon Augustine Baston
Sis. Thelma Bridgewater
Bro. Zuri Buchanan
Sis. Annie B. Collins
Sis. Erma Crosby
Sis. Wanda Eddington
Sis. Rosie Franklin
Sis. Delores Harper
Sis. Doris Jackson
Bro. James Johnson
Sis. Joan Johnson
Sis. Brenda Jones
Sis. Sarah Kane
Sis. Loysie Miller
Bro. Vernon Mooney
Bro. Zwaan Owens
Bro. Lowell Pollard
Sis. Rubye Ray
Sis. Beryl Syfox
Sis. S. A. Taylor
Sis. Elizabeth Washington
Sis. Vivian Washington
Bro. Sammy Webb IV
Sis. Birdie Wilson



July Anniversary's

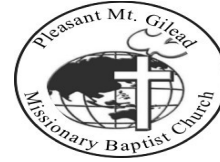


- 7 Vivian & Elmo Washington
18 BJ and Paula Smith
30 Angela & Tony Batiste

**There is a place for YOU in Sunday
School . . . Join Us for Study**

- July 2, The Pharisee and the Tax Collector
July 9, The Wicked Tenants
July 16, Jesus Turns Water to Wine
July 23, Jesus Provides Bread from Heaven
July 30, Jesus Walks on Water

I WILL GIVE
you pastors
ACCORDING
TO MINE HEART,
which
SHALL FEED YOU
WITH
knowledge
understanding.
JEREMIAH 3:15



**Welcome to
PLEASANT MOUNT GILEAD
MISSIONARY BAPTIST CHURCH**

July 2017

Leonard Hornsby
Interim Pastor

Sunday Services
Sunday School, 9:00 am
Morning Worship, 10:20 am

Family Bible Study
Wednesday, 6:30 pm

Vision Statement
“Developing passionate disciples
of Christ”
Matthew 28:19-20

Mission Statement
“Demonstrating God’s love to
build the family and strengthen the
community”
Matthew 22: 37-39

General Information
5312 Houghton Ave
Fort Worth, TX 76107
(817) 737-5795, Main Church
(817) 738-4900, Church Fax
www.pmgmbcfw.org
pmgmbc@yahoo.com

Enter to Worship . . .

Order of Worship
Call to Worship
Praise & Worship
Scripture & Prayer
Worship Ministry
Welcome
Offering
Worship Ministry
Hymn

“Father I Stretch My Hands to Thee”
Sermon
Rev. Leonard Hornsby
Invitation
Altar Prayer
Benediction
. . . Depart to Serve

Lord's Supper, 1st Sunday
Baptizing, 1st Sunday, 10:00 am



We welcome all visitors to our church today. *It is our prayer that the songs will uplift you, and God's word will encourage you.*

Visitors: Text Welcome to: 817-725-8084
Member Updates: Text Member to: 817-725-8084
Check Us Out: www.pmgmbcfw.org