



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

A close-up photograph of a young girl with dark hair, smiling. A large magnifying glass with a green frame is held over her right eye. The text 'Friends Fun Grow Play Discover Create & More' is superimposed over the magnified eye area.

Friends  
Fun  
Grow  
Play  
Discover  
Create  
& More

# 2021 SPRING & SUMMER

## DAY CAMP

## PARENT HANDBOOK

YMCA of the Palouse





# YMCA OF THE PALOUSE DAY CAMP PARENT HANDBOOK

## Welcome to the YMCA of the Palouse Day Camp Programs!

As we navigate the Covid-19 pandemic, we are pleased to offer our annual day camps for the Palouse Community! The Y camps bridge the gaps between and within the Pullman School District academic semesters and breaks and are geared for children ages 5 – 12. These camps focus on the Y's four core values of caring, honesty, respect, and responsibility, while promoting service learning, continued academic development, and literacy advancement throughout the summer. Our educated and experienced staff plan action packed weeks, complete with recreational activities, specialized clubs, and field trips. As the state progresses through the various phases of reopening we will continue to follow Covid-19 safety guidelines to include mandatory face masks to minimize the risk to our staff and day camp participants.

**The Y: We are for Youth Development, Healthy Living, and Social Responsibility.**

## CAMP LOCATION

### SPRING BREAK DAY CAMP

Gladish Community Center  
115 NW State St  
Pullman, WA 99163

### SUMMER DAY CAMP

Site TBA: Will either be at Sunnyside  
Elementary or Gladish Community Center

## ADMINISTRATIVE OFFICE

YMCA of the Palouse  
105 NE Spring St  
Pullman, WA 99163  
(509)332-3524

## CAMP PHONES

Day Camp Site Phone: (509) 432-5952

Josh Paparazzo, Director of Programs  
C – (208) 596-6688  
O – (509) 332-3524

## CAMP EMAILS

Camp Info: [operations@palouseymca.org](mailto:operations@palouseymca.org)  
Site Email: [info@palouseymca.org](mailto:info@palouseymca.org)

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## 1. REGISTRATION INFORMATION

Spring Break Day Camp Dates: April 5<sup>th</sup> – 9<sup>th</sup>  
Summer Day Camp Dates: June 14<sup>th</sup> – August 20<sup>th</sup>.  
Hours of operation: 7:45 am – 5:15 pm  
Option for 7:30 am Early Drop/5:30 pm Late Pick-up  
\$5 per child per day

Location: Gladish Community  
Center/Sunnyside Elementary  
Ages served: 5 to 12 years of age.

### REGISTRATION & PAYMENT DUE DATES

Registration and payments are due prior to the first day of attendance. Keep in mind your child's enrollment is not secured until we have received program payment. See the payment policies for more information.

### 2021 SPRING BREAK DAY CAMP RATES

	FEE	DUE DATE
Full Time (5 Days):	\$200	April 2 <sup>nd</sup>
Part Time: 3 Days):	\$135	April 2 <sup>nd</sup>
Y Member Day Drop In:	\$45/day	24 hrs Prior
Non Y Member Day Drop In:	\$55/Day	24 hrs Prior
Early Drop/Late Pick-up Option: \$5 per day/per child		

### 2021 SUMMER DAY CAMP RATES

	FEE	DUE DATE
Full Time (5 Days per wk):	\$200	April 2 <sup>nd</sup>
Part Time: 3 Days per wk):	\$135	April 2 <sup>nd</sup>
Y Member Day Drop In:	\$45/day	24 hrs Prior
Non Y Member Day Drop In:	\$55/Day	24 hrs Prior
Early Drop/Late Pick-up Option: \$5 per day/per child		

## 2. SUMMER CAMP DISCOUNT OPTIONS

EARLY BIRD REGISTRATION: 5% Off

– Register by April 30<sup>th</sup>. Payment not due until first day of program.

FULL PAYMENT UPFRONT: 10% Off

– Pay for 6 weeks or more upfront. Full payment for all 6+ weeks due by first day of program.

REFERRAL DISCOUNT: 10% Off

– Refer a family not previously a member of the YMCA of the Palouse. If the referred family registers, both the referrer and referee receive 10% off.

MULTI-CHILD DISCOUNT: 25% off for second Child, 50% off for third child. **Note: The above early bird, full payment and referral discounts only apply to the first child in the multi child discount.**

## 3. ANNUAL FAMILY MEMBERSHIP FEE

Program participants are subject to an Annual Family Membership fee that covers all household members across all Y programming. Annual Family Membership fees are \$50.

## 4. PART-TIME ENROLLMENT

Participants enrolled in part-time and half-day care who exceed the allotted amount of care per week will be charged the full-time rate.

## 5. CHANGES AND CANCELLATIONS

The Y must be notified of all attendance changes and cancellations by the Wednesday before the intended week of attendance. Campers who arrive late, depart early, or miss days are not granted pro-rated fees or refunds.

## 6. WITHDRAWALS AND REFUNDS

If you wish to withdraw your child from pre-registered Y programming, written notice must be submitted to the Y at least 2 weeks prior to the last day of attendance. The Y provides roll-over credit for future YMCA of the Palouse programming upon written request. Refunds may be issued upon written request and are subject to a \$25 service charge. Refunds are processed within 30 days from receipt of written cancellation. Campers who arrive late, depart early, or miss days are not granted pro-rated fees or refunds. Refunds will not be issued to campers who have been suspended or disenrolled from camp due to behavior problems.

## 7. PAYMENTS

Payment is required to secure your spot in Y programs. Payment for upcoming period of attendance is due the Friday before the intended week of attendance.

## 8. LATE PAYMENTS

Payment is due the Friday before the intended week of attendance. Failure to pay will result in disenrollment until accounts have been paid.

## 9. EXTENDED HOURS

An early drop-off/late pick-up option is available at \$5 per child per day. Extended hours with this option begin at 7:30 am and end at 5:30 pm and requires registration and payment before the intended week of attendance.

## 10. NON-SUFFICIENT FUNDS

All payments returned for non-sufficient funds are subject to a \$30 fee.

## 11. PAYMENT METHODS

For the safety of children and staff, payment will not be accepted at program sites. The following methods are available:

- Mail or drop off payment to the Y office:
  - Address: 105 NE Spring Street, Pullman, WA 99163
  - Our office hours are Monday-Friday, 9:00 AM - 5:00 PM. If our office is closed, please put your payment through the door slot.
- Pay by credit card at the Y office or over the phone. We accept Visa, MasterCard, Amex, and Discover.
- Pay online using parent portal once set up by Y office.

## 12. RECEIPT REQUESTS/TAX RECORDS

A print out of year-to-date payments may be available to you upon request. Please allow 10 business days to process requests.

## 13. FINANCIAL ASSISTANCE

The Y is able to offer our programs at affordable rates for all thanks to the generous donations from friends, families, and fundraising efforts. This ensures that no one is turned away due to an inability to pay, as long as funds and space are available. The Y provides Financial Assistance based on an income sliding scale. Information on YMCA of the Palouse Financial Assistance can be found at [www.palouseymca.org/programs/financial-assistance.html](http://www.palouseymca.org/programs/financial-assistance.html).

## 14. NON-DISCRIMINATION

No person shall be denied the opportunity to participate in the YMCA as a participant, employee, or volunteer based on age, religion, sexual orientation, background, income, or ability/disability to learn, grow and to thrive in our programs, our community, and in life.

## 15. IMPACT STATEMENT

Campers are empowered to become strong leaders and advocates for community needs. The Y four core values are put into practice through high-quality, inclusive programs that build a healthy spirit, mind and body for all. Impact is evident when an individual is inspired to make a healthy choice, when a mentor inspires a child, and when a community comes together for the common good.

## 16. RECORDS AND CONFIDENTIALITY

A copy of your child's records will be kept at the Y office and at the program site. New registration and release forms are required for each Y program in order to ensure that all records are up-to-date. Immunization forms are carried over between programs. Should your child receive additional immunizations after your original Certificate of Immunization is submitted, please contact the Y so that records can be updated. Y staff will periodically go through records to ensure accuracy.

All child records are kept confidential and available only to Y staff. Parents and guardians may be allowed access to their child's records upon request.

## 17. COVID-19 HEALTH & SAFETY

Due to the current ongoing COVID-19 pandemic and Washington State guidelines, the Y will be limiting the number of youth that can be enrolled. Based on the staff and location resources, the day camp program can operate with a max capacity of 45 youth. Please note, that while the Y will do what they can to minimize risk of exposure to COVID-19, avoiding risk can not be guaranteed and thus by registering and attending the day camp program, Parents/Guardians are assuming all risk and liability. Until further restriction are lifted, below are Health & Safety guidelines we will follow and subject to modification as required. Staff, youth participants and parents dropping off or picking up must wear a mask at all times other than during meal breaks.

### Health Screening:

Upon arrival each child will have their temperature taken with a no touch forehead thermometer. Anyone with a temperature of 100.4 or higher will not be allowed to stay in the program.

All parents/youth will be asked the following questions each time they drop off their child. If answered yes, the child will not be allowed to stay.

1. Do you live with anyone or have you had close contact (prolonged or coughed on, or example) with anyone who has been diagnosed with COVID-19 within the last 14 days?
2. Do you have a fever, cough and/or shortness of breath? For children, fever is 100.4 degrees for forehead thermometer, 99 degrees or higher with armpit thermometer or 99.5 with oral thermometer.
3. Any other signs of communicable illness such as a cold or flu?

### Check-In Procedures:

The following protocols will be in place at all times during check in/out:

All staff must wash their hands when they arrive to work and get a temperature check.

Parents will be required to keep social distancing of 6 feet between other families if in line to check in. Children must remain with parents until checked in is complete. Staff will do a temperature check of each child at the check in table. If temp registers 100.4 or higher, confirm by taking a second reading.

Staff will screen in child using required forms and ask parents health screening questions.

Staff escort child to bathroom to wash hands as soon as they complete check-in, before entering group area.

All staff wash hands once check in is over or sooner if needed.

Parents will be required to keep social distancing of 6 feet between other families if in line to check out.

Once check out is verified, using walkie talkie, request child by name to come get belongings and come to check out.

### Social Distancing:

As best as the Y can, social distancing of children six feet apart and separating children into smaller groups that fall within state or local guidelines. Ratio of 1:15 to include 1 adult and 15 children.

To the degree possible, the Y will maintain the same groups from day to day. This will help reduce potential exposures and may prevent an entire program from shutting down if exposure does occur.

### Isolation:

Staff and youth will be subject to temperature rechecks throughout the scheduled program. If a child develops symptoms of a fever of 100.4 (taken from forehead) while in the program or other symptoms are observed, the following will take place:

- Child will be isolated immediately away from other children and staff in a designated space.
- Parent will be called to be picked up immediately.
- Cleaning guidelines will be followed immediately in the area the child was.
- All other parents will be informed at check out.
- The child must be fever free (unmedicated) for at least 72 hours before being allowed to return.
- In the event that a child or staff member becomes sick and later tests positive for COVID-19, steps will be taken to limit day camp operations leading to and including program cancellation for required period of time.

### Other Precautionary Measures:

- Youth and staff are required to wear a mask at all times. Exception to this rule is meal times.
- Cleaning and disinfecting of high touch surfaces will be done by staff on a regular basis throughout each day.

## 18. DAILY SCHEDULE AND ACTIVITIES

Daily activities may include:

- Field trips
- Wellness, fitness, sports, and play
- Character development
- Service learning
- Arts & humanities
- Science, math, technology, & engineering
- Academic/quiet time/reading
- Nutritious snacks
- Celebration of a variety of cultures
- Other activities as deemed appropriate.

### Example Daily Schedule (will vary)

7:45 am – 8:15 am	Drop-off
8:00 am – 8:30 am	Free choice, snack
8:30 am – 9:00 am	Welcome, camp songs
9:00 am – 10:00 am	Service learning/Field trip
10:00 am – 11:00 am	Camp clubs, arts & crafts
11:00 am – 12:00 pm	Academic activities
12:00 pm – 1:00 pm	Lunch, social time, game
1:00 pm – 3:00 pm	Stations/Field trip
3:00 pm – 3:30 pm	Snack
3:30 pm – 4:00 pm	Outdoor game
4:00 pm – 5:00 pm	Group Game
4:30 pm – 5:15 pm	Pick-up

NOTE: Updated schedules will be provided at the start of each week or program day.

You are welcome to drop-off and pick-up your child at any point during the day. Please call the applicable camp phone number to arrange scheduling.

## 19. Y CAMP STAFF

Y camp counselors are trained to provide a safe, nurturing environment geared toward the well-being of our children.

Camp counselors model the Y's 4 core values of caring, honesty, respect, and responsibility.

All staff are required to have:

- CPR, First Aid, and AED
- Cleared background checks
- Food handler's card

Y Camp staff pride themselves on being professional role models who make lasting positive impacts on program participants

## 20. CHILD ABUSE REPORTING

The YMCA complies with Washington State laws that require child care providers to report suspected child abuse, neglect, or exploitation to Child Protective Services. All staff are trained in Child Abuse Prevention and child abuse reporting procedures.

## 21. SIGNING IN AND OUT

- All children must be signed in and out by checking with the staff check in table.
- Campers will only be released to authorized persons listed on child information sheet.
- Please have ID available for signing out.
- Special pick-up arrangements must be made with at least 1 business days notice with written documentation to the Director of Programs.

## 22. MEDICATION MANAGEMENT

A parental permission form must be filled out before staff can administer medication. A separate form is required for each medication. Medication must be unexpired and in its original container with a prescription label.

Any medication not documented cannot be at site at any time.

## 23. HEALTHCARE POLICY

The YMCA cannot accept a sick child with a fever, suspected communicable disease, or with NHS/lice. In a medical emergency, every effort will be made to contact the child's parents or, in the event the parent cannot be reached, the emergency contact. If unable to reach a designated contact, we will contact the doctor listed on the enrollment forms and follow the doctor's instruction until parents are reached, or 911. The YMCA's full Healthcare Policy is available for viewing on-site and online.

## 24. TOBACCO AND DRUG POLICY

Drugs, alcohol, and tobacco are not permitted at any YMCA of the Palouse program site. Y staff will not release program participants to any individuals that appear to be under the influence of drugs or alcohol.

## 25. SPECIAL NEEDS ACCOMODATION

At the YMCA of the Palouse, we aim to promote an inclusive environment where every child has equal opportunity to learn, engage and develop in a caring and educational setting. Y Staff are not equipped to work with children who need significant assistance with personal care, constant one-on-one support, or have great difficulty in managing their behavior in a group setting.

In order to determine accommodations due to special needs, supporting signed documentation is required prior to participation in any Y program. These needs can include social, emotional, cognitive, linguistic, and/or developmental.

Documentation must be in the form of one or more of the following:

- Individual Education Plan (IEP)
- Individual Health Plan (IHP)
- 504 Plan
- Individualized Family Service Plan (IFSP)  
Documentation can be provided by any of the following:
- Licensed or certified physician or physician's assistant
- Mental health professional
- Release of information from the school district
- School professional
- Social worker with a bachelor's degree or higher with a specialization in the child's needs
- Registered nurse or advanced nurse practitioner

In order for a child with special needs to be admitted into Y programs, a written behavioral plan and meeting with the Director of Programs is required prior to participation. If it is determined a child's needs can be appropriately accommodated by the Y this written behavioral plan will be implemented by the YMCA site staff. The Y reserves the right to reassess our ability to meet a child's needs at any point.

## 26. BEHAVIOR MANAGEMENT

The YMCA strives to meet the needs of all children by setting guidelines and boundaries appropriate to each stage of development.

If problems arise, the child will be encouraged to use his/her words to try to resolve the situation peacefully

or redirected to a new activity.

Should the problem continue, the child will be removed from the situation until he/she is able to rejoin the group. Parents may be contacted and encouraged to discuss the problem with their child.

Continued disruptive behavior and/or serious one time offenses may result in one or more of the following:

- Written documentation of the inappropriate behavior
- Parent and site staff conference
- Parent, site staff, and Child Care Directors conference (with recommendation for an immediate behavior contract or short-term suspension from the program)
- Complete removal of the child from the program

We encourage you to share information with us that may affect your child's behavior in our programs. We are committed to working with you in the best interest of your child and the rest of the children in our care. We do not use or endorse any form of corporal punishment.

Because there are such a wide variety of behaviors that children display, the YMCA reserves the right to make the decision to suspend or expel a child based on the physical or emotional safety of the child, other children in the program and the staff. In such a situation parents may be called to come immediately to pick-up their child, or the child may be separated from the group for the remainder of the day.

### No Tolerance Policy

We want to make sure all children at the YMCA have a positive atmosphere that is safe and inclusive. We are asking for your support in maintaining a fun, safe place where children can achieve their potential. Please talk with

your children about the importance of not exhibiting the behaviors described below. Ideally, we want to work with families to prevent these behaviors from occurring.

The following will NOT be tolerated in our programs:

- Abusive, harassing and/or obscene language or gestures
- Threats of harm, physical aggression, violent

- acts, or bullying
- Weapons of any kind
- Damaging or defacing YMCA or school property
- Being disrespectful
- Purposely leaving the area of supervision without permission
- Indecent exposure

Failure to follow this policy will result in disciplinary action, which may include a one to three day suspension. A parent conference will be scheduled to develop a behavior contract in order for your child to remain in the program. It may become necessary for the benefit of the child, as well as for the safety of the other children, to remove a child from our program.

Behaviors such as being disrespectful to other children or staff, dishonesty, or failing to carry out responsibilities are also inappropriate at the YMCA.

YMCA Staff will communicate with families for behaviors such as those mentioned that need attention as well as for positive behaviors. We expect all our participants to uphold the YMCA values of respect, responsibility, caring, and honesty.

## 27. PARENTS

Our programs encourage open communication between Y staff and parents. We invite you to become familiar with the staff and encourage you to communicate with staff as often as possible. Y staff will communicate with you regularly about how your child is doing in our program. Any problems your child may be having at home may affect his or her behavior at the Y. Please keep the program staff informed so that we can be sensitive to your child's needs.

## 28. HEPA STANDARDS

Y programs align with Y-USA Healthy Eating and Physical Activity (HEPA) standards. This is a commitment to educate kids about healthy lifestyles. Campers engage in physical activity for a minimum of 60 minutes, are served healthy food choices, including fruits and vegetables, and have limited screen time.

Media may sometimes be used during Y programming, either to assist in lessons, or to occasionally screen age-appropriate movies.

## 29. SNACKS AND MEALS

- Nutritious snacks are served twice a day
- Snack will include a fruit or vegetable and a grain
- Children may bring nutritious snacks and meals from home. Sodas, caffeinated drinks, nut products, and candy are not permitted.
- Menus are posted at Sunnyside Elementary
- Lunch is not provided by the YMCA. Your child can either pack a lunch from home or you can order a Subway when checking in each day. Cost for a sandwich, side, and drink is \$6.50.
- The YMCA does not serve any nut products nor are they permitted to be brought to or consumed on the premises.

## 30. WHAT TO BRING TO DAY CAMP

- Lunch (please keep in mind there will be no access to a refrigerator)
- Water bottle (please label)
- Spray-on sunscreen (please label)
- Swim bag packed with their swimsuit (please label) (When open)
- Towel for poolside use (When open)

## 31. WHAT NOT TO BRING

We ask that your children refrain from bringing any of the following:

- Cell phones, electronics, and smart watches
- Money or valuables
- Alcohol, drugs, tobacco or weapons of any kind
- Animals or pets of any kind
- Skateboards, scooters, Heelys or bicycles
- Toys, balls, playing cards, etc.

THE YMCA OF THE PALOUSE IS NOT RESPONSIBLE FOR ITEMS BROUGHT TO CAMP THAT BECOME LOST, STOLEN OR BROKEN.

Items that have been housed in the YMCA of the Palouse lost & found will be donated to charity after 5 business days. Please ensure you are checking the lost and found frequently in an effort to ensure your child's property is not donated.

## 32. WHAT TO WEAR TO CAMP

- Sunscreen
- Shorts
- Light-weight top
- Hat
- Comfortable, close-toed shoes
- Inclement weather gear as needed

## 33. WHAT NOT TO WEAR TO CAMP

- Clothing which is revealing, offensive, or expensive.
- Jewelry/Makeup
- Open-toed shoes or flipflops (unless at the pool)

## 34. SUNSCREEN

We strongly encourage you to pack your camper with spray-on sunscreen. In addition, we ask that you provide a sunscreen with at least an SPF of 30 that is labeled "All Day" and "Waterproof". Campers should arrive to camp with sunscreen on, and they will be reminded throughout the day to reapply.

Campers are responsible for applying their own sunscreen during the day, with reminders from their counselors. Counselors may assist with Spray on Sunscreen if necessary. For this reason, we recommend spray-on sunscreen be packed. If sun exposure is ever a problem, please notify the Director immediately so that extra precautions and applications can be made.

THE YMCA OF THE PALOUSE DOES NOT PROVIDE SUNSCREEN.

## 35. FIELD TRIPS

Field trips are planned by the staff and parents will be notified in advance, and most are provided with no additional cost to parents other than the registration fee. Some field trips may require additional fees and will be participate by choice to include a sign up process. With exception to special fee based trips, due to staffing needs, all children will be required to attend regular field trips, or parents will have to make other arrangements. A staff to child ratio of 1:15 is maintained and a ratio of 1:10 is maintained for swimming. All medical records, emergency contact information, individual medication for children who require it, and a

medication log are brought on field trips. Staff will also have a complete first-aid kit.

Children will return to the base day camp site from field trips by 5:00 pm, or it may be requested that parents pick up at the field trip location.

## 36. TRANSPORTATION

Transportation to and from field trips may be conducted on-foot, via Y vehicles, and/or public transportation. The Y maintains our vehicle in safe operating condition, including a current insurance policy that covers the driver, the vehicle, and all occupants. The children will never be left unattended in the vehicle, as staff maintain the required staff to child ratio during transport and take head counts each time campers get on and off the vehicles.

## 37. SWIMMING

Until COVID reopening phases allow for swim days, the Y will request special rental times for small groups which will be a sign up fee based program within Day Camp. Children are only allowed to attend multiple trips if all other participants have had the opportunity to attend. All campers must take a swim test per each visit to access "swimmer" areas. If a camper does not meet the qualifications of the test or chooses not to take the test, they can still enjoy swimming while wearing a life jacket, or participate in other activities. The pool is always monitored by lifeguards and our counselors provide additional safety support at all times

## 38. LIBRARY POLICY

Visits to Neill Public Library will occur weekly. In order for your child to check out books they must use their own library card/account.

Please provide library card information on the Summer Day Camp registration form. The YMCA is not liable for any lost, stolen, or damaged materials. The YMCA is not able check out library materials on your child's behalf.

## 39. YEAR-ROUND PROGRAMMING

At the Y, we strive to meet your family's scheduling needs by providing a fun and safe environment for your children. The Y's Elementary After School programs, located at Franklin, Jefferson, Kamiak, Sunnyside, and Pullman Community Montessori, will begin in August from 3:00 - 5:30 pm. Please note, we will not hold any day camps on **August 23<sup>rd</sup> and 24<sup>th</sup>** as we will be closed in preparation for after school programming.

## 40. OUR MISSION

Through values-based programs and services, the YMCA of the Palouse develops civically-engaged staff, student leaders, and volunteers through involvement with those we serve, to build strong communities that foster youth development, healthy living, and social responsibility.

The YMCA's four core values permeate everything we do at the Y. They are:

- Respect does not come with discrimination. Instead, respect allows for compassion, understanding, acceptance and appreciation of differences in self and others.
- Caring requires a genuine commitment to listen to, understand, and advocate for self and others, leading to a healthy mind, body and spirit for all.
- Responsibility is being present to hold self and others accountable for recognizing and meeting individual or community needs, and passionately honoring commitments. Doing what is right.
- Honesty is having openness and acceptance of self and others while genuinely being open and truthful when giving and receiving input and feedback as well as demonstrating compassion.

This handbook is subject to change; please check our website at [www.palouseymca.org](http://www.palouseymca.org) for the most up-to-date version.

**Y Programs proudly supported by Whitman County**



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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

