

## THE THEOLOGY OF THE HUMAN BODY

### #3 PRACTICAL APPLICATION

#### I. THE HUMAN BODY WAS \_\_\_\_\_ BY GOD:

##### Genesis 2:7 (NKJV)

7 And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being.

1. The human body bears the \_\_\_\_\_ of God.
  - a. The human body has intrinsic \_\_\_\_\_ and \_\_\_\_\_.
2. The human body will forever be \_\_\_\_\_ to the soul.
  - a. The human body will be \_\_\_\_\_ and \_\_\_\_\_
3. The human body was made with \_\_\_\_\_
  - a. To glorify God: The body was created to reflect the beauty and wisdom of its creator.
  - b. To do His will: The body was created to serve a purpose higher than pleasure.

#### II. WE MUST SETTLE THE ISSUE OF \_\_\_\_\_ OF THE BODY:

Foundational to biblical Christianity is the truth that a Christian's body belongs to the Lord.

"...and you are not your own? For you were \_\_\_\_\_"  
(1 Cor 6:19-20)

##### 1 Peter 1:18–19 (NKJV)

18 knowing that you were not redeemed with corruptible things, like silver or gold, from your aimless conduct received by tradition from your fathers,

19 but with the precious blood of Christ, as of a lamb without blemish and without spot.

Christian's have surrendered the claim of ownership of their body to God and should look to Him to direct how it is used.

#### III. THE BODY IS THE \_\_\_\_\_ OF THE HOLY GHOST:

##### 1 Corinthians 6:19–20 (NKJV)

19 Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?

20 For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.

Temple = naos (ναός, 3485) is used of the inner part of the Temple in Jerusalem, in Matt. 23:35, RV, "sanctuary." See TEMPLE. (Vines Expository Dictionary)

When we are born again God's Spirit indwells us, including our body. Paul specifically points out that our "Body" becomes the temple of the Holy Spirit. It is a sacred place, consecrated for His use.

#### **IV. WITH RESPECT TO THE HUMAN BODY WE ARE COMMANDED TO:**

##### **1. Abstain from \_\_\_\_\_:**

##### **1 Thessalonians 4:3–5 (NKJV)**

**3** For this is the will of God, your sanctification: that you should abstain from sexual immorality;

**4** that each of you should know how to possess his own vessel in sanctification and honor,

**5** not in passion of lust, like the Gentiles who do not know God;

Human sexuality is a gift from God. However, He has also provided very clear parameters. The scriptures are clear that God's plan for human sexuality is the marriage of \_\_\_\_\_ to \_\_\_\_\_ for life. (Mt 19:8-9)

Any sexual behavior outside of those parameters is called \_\_\_\_\_ and is against God's purpose for your body.

##### **1 Corinthians 6:13–20 (The Message)**

**13** You know the old saying, "First you eat to live, and then you live to eat"? Well, it may be true that the body is only a temporary thing, but that's no excuse for stuffing your body with food, or indulging it with sex. Since the Master honors you with a body, honor him with your body!

**14** God honored the Master's body by raising it from the grave. He'll treat yours with the same resurrection power.

**15** Until that time, remember that your bodies are created with the same dignity as the Master's body. You wouldn't take the Master's body off to a whorehouse, would you? I should hope not.

**16** There's more to sex than mere skin on skin. Sex is as much spiritual mystery as physical fact. As written in Scripture, "The two become one."

**17** Since we want to become spiritually one with the Master, we must not pursue the kind of sex that avoids commitment and intimacy, leaving us more lonely than ever—the kind of sex that can never "become one."

**18** There is a sense in which sexual sins are different from all others. In sexual sin we violate the sacredness of our own bodies, these bodies that were made for God-given and God-modeled love, for "becoming one" with another.

**19** Or didn't you realize that your body is a sacred place, the place of the Holy Spirit? Don't you see that you can't live however you please, squandering what

God paid such a high price for? The physical part of you is not some piece of property belonging to the spiritual part of you.

**20** God owns the whole works. So let people see God in and through your body.

Because sexual intercourse is an act of becoming one, you are literally violating the sanctity of His ownership of your body.

### **1 Corinthians 6:18–20 (NKJV)**

**18** Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.

**19** Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?

**20** For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.

### **2. Avoid \_\_\_\_\_ Behaviors:**

We are called to be good stewards of our bodies. We should take care of our bodies by eating in moderation, proper diet, exercise and rest.

We should avoid harmful substances or those substances that temporarily impair our minds. The only thing we should surrender ourselves to is Holy Spirit.

### **1 Corinthians 6:12 (NKJV)**

**12** All things are lawful for me, but all things are not helpful. All things are lawful for me, but I will not be brought under the power of any.

This principle should inform our behavior in the following areas:

- a. \_\_\_\_\_: (Prov. 23:20–21)
- b. \_\_\_\_\_: Tobacco unnecessarily harms the body. More than 400K die every year from it.
- c. Drinking \_\_\_\_\_: (Prov. 23:29–33 & Eph. 5:18)
- d. Recreational \_\_\_\_\_: Drug is connected to sorcery and witchcraft. It opens the body and the mind up to demonic spirits.

### **3. \_\_\_\_\_ and \_\_\_\_\_ Your Members to Christ:**

#### **Romans 12:1 (KJV 1900)**

**1** I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

The passions and appetites of the body must be submitted to the Lordship of Jesus Christ. They must not go \_\_\_\_\_.

**Romans 6:12–14 (NKJV)**

**12** Therefore do not let sin reign in your mortal body, that you should obey it in its lusts.

**13** And do not present your members as instruments of unrighteousness to sin, but present yourselves to God as being alive from the dead, and your members as instruments of righteousness to God.

**14** For sin shall not have dominion over you, for you are not under law but under grace.

We are called to \_\_\_\_\_our bodies to the will of God.

**4. Use It to \_\_\_\_\_ God:****1 Corinthians 6:20 (KJV 1900)**

**20** For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.

One of the forgotten duties of mankind is to glorify God in our physical bodies.

For this world, the chief purpose of the bodies has become \_\_\_\_\_and \_\_\_\_\_.

**a.** \_\_\_\_\_& \_\_\_\_\_

Things that take place in our bodies have a major impact on our mental state and even our emotional and spiritual welfare.

We do spiritual things with physical bodies.

This is why prayer is \_\_\_\_\_and praise is \_\_\_\_\_.

This is why we clap our hands, praise him in the dance, shout unto the lord, lift our hands, leap for joy, etc.

**b.** \_\_\_\_\_& \_\_\_\_\_:

We are His hands, feet and mouthpiece.

**2 Corinthians 5:20 (KJV 1900)**

**20** Now then we are ambassadors for Christ, as though God did beseech you by us: we pray you in Christ's stead, be ye reconciled to God.

**c.** \_\_\_\_\_& \_\_\_\_\_the Body:

Because of the introduction of sin into the human nature, God instituted clothing.

**Genesis 3:21 (NKJV)**

**21** Also for Adam and his wife the Lord God made tunics of skin, and clothed them.

Nakedness associated with shame:

**Genesis 3:7 (NKJV)**

**7** Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves coverings.

We should not expose the body to \_\_\_\_\_ or \_\_\_\_\_. For this reason, God calls us to honor our bodies and glorify Him by covering them modestly.

Modest covering does not merely mean covering certain parts or skin, it also means that we should not seek to accentuate our figures by wearing extremely tight clothing.

We should celebrate the body that God has given us and reject the \_\_\_\_\_ tactics of our culture. This includes the insistence that we need make-up, jewelry, cosmetic surgeries, etc. to be beautiful.