



## Change Coaching Info & Disclosure

Please read and sign, returning with your intake form to Betsy Swann at [office@restoresmallgroups.org](mailto:office@restoresmallgroups.org)

**What is Change Coaching?:** Restore Small Groups Change Coaching is a one-on-one journey full of spiritual encouragement, inspiration, wisdom, and a holistic approach to make change a reality. Together with Scott, you will create an action plan with a new vision that will help you break free from the struggles of your past—identifying resources that will support you spiritually, mentally and physically on your path to change.

**Referral Process:** If at any time we find that your needs are outside the scope of our ministry, we will offer you referral options and resources to get exceptional care with a licensed counselor or treatment center.

**Qualifications:** Scott Reall is a lay-counselor and does not possess professional licenses or certifications issued by the State of TN to practice professional counseling, marriage and family therapy, or social work specialties.

**Limitations of Confidentiality:** Information disclosed to the counselors is considered confidential in nature and ethically cannot be disclosed, without written consent. The following are exceptions that will result in confidentiality being waived:

1. Suspicion of child/elder abuse - We reserve the right to report child abuse or suspicion of child/elder abuse of any type to the proper authorities.
2. Threats to harm self or others - We reserve the right to disclose to the appropriate person, agency or civil authorities any threats of harm that a person may attempt or desire to do to one's self or to others.
3. Necessity of consultation - We reserve the right to consult with a counseling professional regarding your sessions. This consultation will be held in the same confidence as your sessions.

**Possible Waiting List:** Due to limited coaching hours, it may be necessary to place you on a wait-list. People on the wait-list will have first priority at filling cancellations, and new openings in the schedule.

**Session Duration:** Our ministry is designed to offer short-term counseling, typically ranging from 5-20 sessions. Issues requiring more extensive care may result in referral. A typical session is 55 minutes.

**Cancelling / Rescheduling:** If you need to reschedule or cancel an appointment, we ask that you call at least 24 hours in advance. This allows us to reschedule others who are on our waiting list. **If you do not give at least 24 hours notice, you will be charged a \$50 cancellation fee.**

**Emergencies:** This ministry does not provide 24/7 or after-hours crisis intervention. If you are in crisis you should call 911, or the National Suicide Prevention Lifeline at 800-273-TALK(8255).

I have read, understood and agree to all of the stated terms and conditions of this document.

---

PRINT NAME

---

SIGNATURE

---

DATE