

“GOD’S ANTIDOTE TO BUSYNESS”

Text: Psalm 23

Pastor Chuck

Sunday, September 18, 2016

“It is senseless for you to work so hard from early morning until late at night ... God wants His loved ones to get their proper rest.”
(Ps 127:2 L.B.)

Unwind God’s Way

“He makes me lie down in green pastures, He leads me beside quiet waters.” (Ps 23:2)

These Images Represent

_____ and _____.

GOD’S WAY TO R.E.L.A.X.

REALIZE _____

“God decided to give us life through the Word of truth so we might be the most important of all the things He made.”
(James 1:18 N.C.V.)

“ ... your heavenly Father feeds the (sparrows). And you are far more valuable to Him than they are. (Matt 6:26 L.B.)

God says *“I have engraved you on the palms of my hands.”*
(Isa 49:16)

ENJOY _____

“All of us should ... enjoy what we have worked for; it is God’s gift.” (Eccl 3:13 G.N)

“It’s better to have only a little, with peace of mind, than be busy all the time ...” (Eccl 4:6 G. N.)

LIMIT _____

“Only someone too stupid to find his way home would wear himself out with work!” (Eccl 10:15 G.N.)

“You have six days in which to do your work, but the 7th day is to be a day of rest dedicated to Me.” (Ex 20:9-10)

“Sabbath” means - _____

“The sabbath was made to benefit man ...” (Mark 2:27)

ADJUST

“I’ve learned why people work so hard to succeed; it is because they envy the things their neighbors have.” (Eccl 4:4 G.N.)

“What good is it for a man to gain the whole world, yet forfeit his soul?” (Mark 8:36)

EXCHANGE

Jesus says, *“Come to me, all of you who are tired and have heavy loads and I will give you rest ... the load I give you to carry is light.” (Matt 11:28-29 N.C.V.)*

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Rest _____ and _____ ***Refreshment*** _____.

GOD’S WAY TO R.E.L.A.X.

REALIZE _____ ***My worth*** _____

“God decided to give us life through the Word of truth so we might be the most important of all the things He made.”
(James 1:18 N.C.V.)

“ ... your heavenly Father feeds the (sparrows). And you are far more valuable to Him than they are.” (Matt 6:26 L.B.)

God says *“I have engraved you on the palms of my hands.”*
(Isa 49:16)

ENJOY _____ ***What I already have*** _____

“All of us should ... enjoy what we have worked for; it is God’s gift.” (Eccl 3:13 G.N)

“It’s better to have only a little, with peace of mind, than be busy all the time ...” (Eccl 4:6 G. N.)

LIMIT _____ ***My labor*** _____

“Only someone too stupid to find his way home would wear himself out with work!” (Eccl 10:15 G.N.)

“You have six days in which to do your work, but the 7th day is to be a day of rest dedicated to Me.” (Ex 20:9-10)

“Sabbath” means - _____ ***A day of rest*** _____

“The sabbath was made to benefit man ...” (Mark 2:27)

ADJUST *My values*

“I’ve learned why people work so hard to succeed; it is because they envy the things their neighbors have.” (Eccl 4:4 G.N.)

“What good is it for a man to gain the whole world, yet forfeit his soul?” (Mark 8:36)

EXCHANGE *My pressure for God’s peace*

Jesus says, *“Come to me, all of you who are tired and have heavy loads and I will give you rest ... the load I give you to carry is light.” (Matt 11:28-29 N.C.V.)*